Suicide in Deschutes County

September 2020

Deschutes County loses on average 47 people every year to suicide. That's about one person dying by suicide every week.

2x
The urban suicide rate is twice as high the rural suicide rate

45-64
The majority of suicide deaths occur among individuals 45-64 years old

Means of Death

Mental Health*

43% of decedents had mental health problem
1/3 of decedents were engaged in mental illness treatment
1/3 of decedents had a substance dependence problem

Interpersonal Problems*

One-third of decedents experienced an intimate partner problem
Every 1 in 8 decedents experienced a relationship problem (i.e. friend or family)

Life Stressors*

Over one-third of decedents experienced a financial problem
Every 1 in 5 decedents experienced a physical health problem

For resources and more information visit www.deschutes.org/suicideprevention

*at time of death