

Redmond Private Providers List 2019

List compiled by Deschutes County Health Services staff. Availability and contact information may have changed. DCHS does not endorse any particular provider.

Clinician	Phone number	Specialties	Insurance	Availability	Updated
Melissa Adams, LCSW Centraloregontherapy.com	541-279-6143	Individual, families, adults, couples, adolescents, women's issues, trauma, grief and loss, Child abuse, LGBTQ+, depression, anxiety	Sliding scale (lowest \$60), cash, Cascade EAP, Providence, BCBS, OHP pending	Openings	4/8/2020
Margaret Beaton, LCSW	541-598-6881	Individual, couples, all ages, somatic issues, DBT	Medicare, Tricare, most private insurance	Full	4/8/2020
Betty Beaumont, MA, LPC	480-329-2495	Children/Adolescent, Adults, couples, EMDR, Christian Counseling	Aetna, OHN, MODA, OHP, Pacific source, RBH, GEHA	Immediate openings for tele-therapy	4/8/2020
Amy Bordelon, MA, LMFT	303-880-0287	Individual, Couples, Families, children, ASD & Neuro-developmental disorders, in home family therapy, parent training, Child social skills groups pre-k to young adult	Pacific Source, BCBS, First Choice, MODA, Sliding scale, Scholarships for groups, Reduced rates for clients with insurances she does not accept.	Openings	4/10/2020
Julie Branaugh, LPC	541-480-0341	Individual, Adolescents, adults, EMDR	Aetna, BCBS, Clear One, EMBS, First Choice, MODA, MHN, OHP, Pacific Source, RBH, Tricare/Triwest, UMR, VA		LV 4/8/20
Kathryn Coghlan, PhD (Mindsights, Portland based but has Redmond office)	503-222-0707	Psychological Assessments and testing	Pacific Source, Out-of-Network for all Private Insurance	Full (accepting waitlist)	4/8/2020
Asa Gemignani, LCSW	541-610-3913 Evening Hours Only	Children/Teens, Adults, trauma, anxiety, depression, parenting, PTSD, Foster parenting, Parent/behavior consultation and groups	Cash only, Sliding fee scale, Medicare	Openings	4/6/2020
Gretchen Hingley, MS Dreamingearth.org	541-480-0978	Nature based therapy, groups, wildland firefighters, first responders, adults/adolescents, trauma, grief, anxiety, transitions, and spirituality	Fee for service, Sliding scale, does not accept insurance, encourage clients to visit website, all therapy is outdoors and non-traditional	Open	4/10/2020
Nancy Hoffman, LCSW	541-390-3299	Trauma, play therapy, anxiety divorce, abuse, grief and loss, adjustment, PTSD, sports and performance enhancement	Most private insurance, OHP, champ VA, Tricare, Medicare	FULL	4/8/2020
Marty Jones, LPC	541-279-1006	Adults/families, grief and loss, EMDR	Fee for service only	Open (1 day a week private practice) Not seeing clients currently due to COVID	4/10/2020
Jaymie Kaczmarek, LPC Nowandzenparenting.com	916-788-7325	PCIT, depression, anxiety, parent-child difficulties	OHP, Open Card, Regence Blue Cross, Moda, First Choice, Pacific Source, Cigna, Aetna, EAP, all other insurance out-of-network	Open	4/8/2020
Elizabeth Leeberg, PhD	541-408-7740	Individuals, Families, Adolescents, Adults	BCBS, Champus, Champ VA, Crime Victims, EMBS, First Choice, IBH, Medicare, MODA, Pacific Source, Tricare/Triwest, UMR	Full	4/9/2020
Diane Louise, MFT intern	541-668-6108 or email diane.louise.mft@gmail.com	Individuals, couples, and families, my focus is grief, any kind of grief and loss, I'm just working with a lot of couples in conflict or individuals with anxiety and depression. Work from a systems perspective. Specializes in suicide bereavement and pet loss	sliding fee scale, typically \$75 and up, but will go down to \$50.	Open for referrals, trying to build her practice	4/10/2020
Gerald Magaro, LMFT	541-678-8873	Adults and couples Trauma, Depression, Anxiety, Men's Issues, Active Duty and Military	Most private Insurance, Tricare, Triwest	Open	4/10/2020
Tim Malone, MS, LCSW Gero Care Solutions	541-588-0100	Geriatric care specialty, older adults, dementia, cognitive function assessments, family and facility care consults	Fee for service, Sliding scale	Open	4/6/2020

Tara Maloney, LCSW	541-279-7900	Individuals, adults, adolescents, Trauma EMDR	Sliding scale, BCBS, Pacific Source, Samaratin, UBH, Medicare, MODA, First Choice, Providence		LV 4/8/20
Ann Martin, LCSW	541-504-8970	Trauma, Sexual Violence, Depression, Anxiety, Self-Injury/Suicide Prevention, Loss and Grief, Anger, PTSD, Domestic Violence, Abuse, Divorce, Women's Issues, Health Issues, Behavioral Issues, Parenting Education, EMDR	Most private Insurance, Tricare/Triwest	Full	4/6/2020
McKague, Jennifer, LPC	541-788-0795	EMDR, play therapy, depression, anxiety, trauma, parenting, work with kids, teens, and adults.	OHP, BCBS, PacificSource commercial, AETNA, MODA, First Choice Health., and MHN.	May have openings, would like clients to call	4/9/2020
Nelson, Sarah LCSW	541-330-4778	Children, teens, families and adults. Does not do couples work or eating disorders. EMDR trained and does a lot of trauma work with adults and kids. Also co-facilitates a children's group focused on social skills and emotional regulation 2-3 times a year	Most Private Insurance, OHP, Tricare/Triwest		LV 4/8/20
Hope Storey, LCSW	541-279-5781 hopestoreylcsw@gmail.com	EMDR, Anxiety, Depression, Seniors (early onset dementia), caregiver support, compassion fatigue, post-partum depression, ages 16+, mostly strengths-based and CBT	First Choice, BCBS, Pacific Source, Optum, Medicare, MODA, fee for service	Openings (a few)	4/10/2020
David Stetson, LCSW	541-771-2324	Individuals, couples, men, addictions, sexual addictions	Pacific Source, MODA, BCBS, First Choice, Tricare/Triwest, RBH, medicare	Openings, would like to speak with referral source first	4/6/2020
Dr. Lulu Tsai, M.D. Psychiatrist	541-350-2408	General Adult Psychiatry	BCBS, fee for Service		LV 4/10/20
Jared Utterback, MFT	458-202-9632	Individuals, couples, families, adolescents, Anxiety, depression, OCD, addictions, sexual addictions	Sliding Scale fee	Appears to be working for Brightways Counseling	4/9/2020
Alan Werkman, LCSW	541-330-1975	Families, Individuals, couples, parenting, Kids, Teens, adults, anxiety, depression	American, Aetna, BCBS, Calremont, EMBS, First Choice, GEHA, Medicare, MODA, Pacific Source, RBH, Western Psychology		LV 4/5/20

Counseling Groups List - Redmond - 2019

Clinicians	Phone number	Specialties	Insurance
Brightways Counseling			
Kevin Shaw, LCSW, CADC III Katie Brobeck, CSWA Amy Wariner, LPC-I Connie Kersenbrock, LCSW Clara Hanson, CSWA Terri Merrit, LMFT Susan Varesko, PMHNP	541-904-5216	All ages, EMDR, Play therapy, ABFT, MI, ACT, CBT, DBT, Art Therapy, Collaborative problem solving, Dual diagnosis, Suicidal Ideation, Yoga, I/DD clients, Personality Disorders, Any diagnosis	OHP and Pacific Source
New Priorities Family Services			
Karen Ludwig, LPC Adam Vogel David Minshew Diana Aimone Gina Lawrence Nic Schneider Robin Hanseth Sean Stradley Drug and alcohol counselors:	541-923-2654	All ages, dual diagnosis, AOD specific treatment, EMDR, DUI's	Most private Insurance, OHP

Adam Vogel Anna Unruh Rachel Watkins Sean Stradley Tiana Niera			
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Water Cup Counseling

Barry Gridley, D.Min, LMFT (works at Water Cup counseling)	541-527-5802	Adults, couples, trauma, dissociation, anxiety, depression, faith-based, EMDR	Pacific Source, OHP, BCBS, MODA, Aetna, Providence, United Health group, UMR, sliding Scale
Randy Kreiger, LPC, M.Div, CADC I (works at water cup counseling)	503-327-4049	Couples, Individual, trauma, depression, anxiety, Pornography addiction	Pacific Source, Sliding scale fee
Bill Mahnke, MA	541-848-0879	Individual, Marriage, Families	Sliding Scale, non-profit
Laura Robinson, MA, LPC-I	541-688-7577	Individual, couples, depression, anxiety, mood disorders	Fee for Service, Sliding Scale Fee
Tiffany Stadler, M.Ed, LPC-I Yourjourneycounselingservices.com	541-527-5774	Equine Therapy, individual, adults, adolescents, family, EMDR	Fee for Service, Sliding Scale Fee

Updated 3/4/20