

Free and Low Cost Counseling options

List compiled by Deschutes County Health Services staff. Availability and contact information may have changed. DCHS does not endorse any particular provider.

Updated: 6/25/20					
Clinician/Agency	License	Address	City	Phone	Notes
Openpathcollective.org		Various - online therapy options	Various	(800) 268-2833	Therapist provide affordable online psychotherapy sessions between \$30 and \$60 (between \$30 and \$80 for couples and family sessions)
Watercup Counseling		Redmond: 852 SW 15th St. Bend: 223 SE Davis Ave	Redmond Bend	(541) 848-0879	Offer a sliding fee scale down to \$25 and there are scholarship options that may be available Faith-based counseling
OSU Cascades Counseling Clinic		650 SW Columbia, Suite 7100	Bend	(541) 322-2047	Free for community members Currently, the clinic does have openings. During school breaks, the clinic is closed which means a 3 week break between summer and fall term (late aug/early sept)a 4 week break between fall and winter (Most of December), and one week each between winter/spring (March) and spring/ summer(June).
Central Oregon Suicide Prevention Alliance		https://preventsuicideco.org/provider-directory/	Bend Redmond Prineville		Provider filters allow for limiting based on city, specialization, and sliding scale fee

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