



Connecting education, health, & community

RESULTS

As of June 30, 2023

The *Healthy Schools* partnership between Deschutes County and Bend-La Pine Schools (BLS) embeds Public Health Specialists (PHSs) into BLS middle and high schools. PHSs provide schools with essential public health services to assure prevention and health promotion practices are working in schools. These are the results following two years of phasing in the program, with PHSs working in 9 middle and high schools by the end of the 2022-2023 school year. All 13 BLS middle and high schools will have their PHS by 2023-2024.



Improved Engagement, Communication, Coordination

9

BLS schools have a PHS as a designated coordinator, a school health team, collaborative planning process, and an action plan.

391

Students and parents were involved in the process to improve prevention and health promotion in schools.

33

Community partners were involved in the process to improve prevention and health promotion in schools.



Improved Capacity for Positive, Inclusive Climate

11

BLS middle and high schools have *Sources of Strength* for 2023-2024 (up from 1 in previous years).

45

School admin, counselors, teachers, and other staff trained to implement *Sources of Strength*.

\$113,800

in grants brought in to fund schools' prevention programs, centering *Sources of Strength*.

Sources of Strength is a research-tested program effective at preventing suicide, substance use, and violence by increasing belonging, connection, and help-seeking.

HEALTHY SCHOOLS RESULTS



Improved Effective Prevention Education in Schools

5,327

BLS adolescents reached with effective prevention education through Health teachers.

95%

Health teachers now use effective skills-based prevention programs in Health classes (up from 31%).

100%

Health teachers now have a comprehensive plan and materials needed to prevent suicide, substance use, risky sex, and violence.



Improved Family Engagement in Health Promotion

9

Schools have consistent school-to-family health communications: about student health issues, resources, and upcoming events.

8

Schools hosted *Parent Connect Workshops* to increase parents' confidence and connection to resources.

30%

Increase in schools' family engagement scores after 2 years with a PHS on staff (using CDC School Health Index).

Parent Connect Workshops increase parents' confidence and resources to help them start conversations with their child about substance use before it starts.



Improved Linkages to Health and Help Resources

100%

BLS middle and high schools have referral systems for student mental health and substance use issues.

50%

CareSolace referrals resulted in behavioral healthcare appointments (out of 305, 12-17 year olds).

59%

Students eligible for *UpShift* completed the screening and brief intervention portion (out of 224 students).

CareSolace is a navigation service that assesses the type of behavioral healthcare needed and navigates the student/family to their first appointment.

UpShift is a screening, brief intervention, and referral to treatment program used as an alternative to out-of-school suspension for substance use violations.