

AIMS & METRICS | 2020-2023 Regional Health Improvement Plan

EXECUTIVE SUMMARY

Address Poverty and Enhance Self-Sufficiency

AIM

Individuals and families in Central Oregon experiencing poverty are provided equitable access and connected to appropriate resources that help them overcome obstacles to self-sufficiency and address health-related challenges.

METRICS

1. Increase high school graduation rates among economically disadvantaged students
2. Decrease food insecurity
3. Decrease percent of individuals living at poverty level and income constrained
4. Decrease housing and transportation costs as a percent of income

Behavioral Health: Increase Access and Coordination

AIM

Increase equitable access to skilled and coordinated care between specialty behavioral health* and the larger health system, including primary care, while decreasing barriers to ensure an effective and timely response.

*Specialty behavioral health: behavioral health, substance abuse, and developmental services that are delivered outside of primary care.

METRICS

1. Increase availability of behavioral health providers in marginalized areas of the region
2. Increase timeliness and engagement when referred from primary care to specialty behavioral health
3. Standardize screening processes for appropriate levels of follow-up care across services

Promote Enhanced Physical Health Across Communities

AIM

Equitably and measurably support all Central Oregonians to prevent disease by improving health behaviors and reducing risk factors that contribute to premature death and diminish quality of life.

METRICS

1. Decrease asthma, cancer, cardiovascular disease, and diabetes rates
2. Decrease obesity rates in adults
3. Increase fruit/vegetable consumption and physical activity in youth
4. Decrease risk factors for cardio-pulmonary and/or preventable disease
5. Decrease sexually transmitted infections
6. Increase individuals receiving both an annual wellness visit and preventative dental visit

Stable Housing and Supports

AIM

Central Oregonians experiencing homelessness and those most at-risk of homelessness will have increased and equitable access to housing and supports that offer opportunities for housing stability and increased individual well-being.

METRICS

1. Decrease severely rent and mortgage-burdened households
2. Increase Housing Choice Voucher holders able to find and lease a unit
3. Accurately capture Central Oregonians experiencing homelessness

Substance and Alcohol Misuse: Prevention and Treatment

AIM

Create and enhance cross-sector collaborations and programming so that all Central Oregonians have equitable access to skilled, evidence-based substance and alcohol misuse prevention, intervention, treatment, and recovery services that are culturally responsive and trauma-informed.

METRICS

1. Decrease binge drinking among adults
2. Decrease vaping or e-cigarette use among youth
3. Increase additional services for alcohol or drug dependence for individuals newly diagnosed
4. Reduce mental health/substance abuse emergency department visits in Madras, Prineville and Warm Springs

Upstream Prevention: Promotion of Individual Well-Being

AIM

All communities in Central Oregon have equitable access and opportunities to health, education, healthy relationships, community support, and experiences necessary to thrive at every stage of life from prenatal to adulthood.

METRICS

1. Increase letter name recognition at kindergarten
2. Increase third-grade reading proficiency
3. Increase proportion of pregnancies that are intended
4. Increase two-year-old immunization rates
5. Increase the number of people who feel they belong in their community

