

Deschutes County Health Services

COVID-19 Public Health Update

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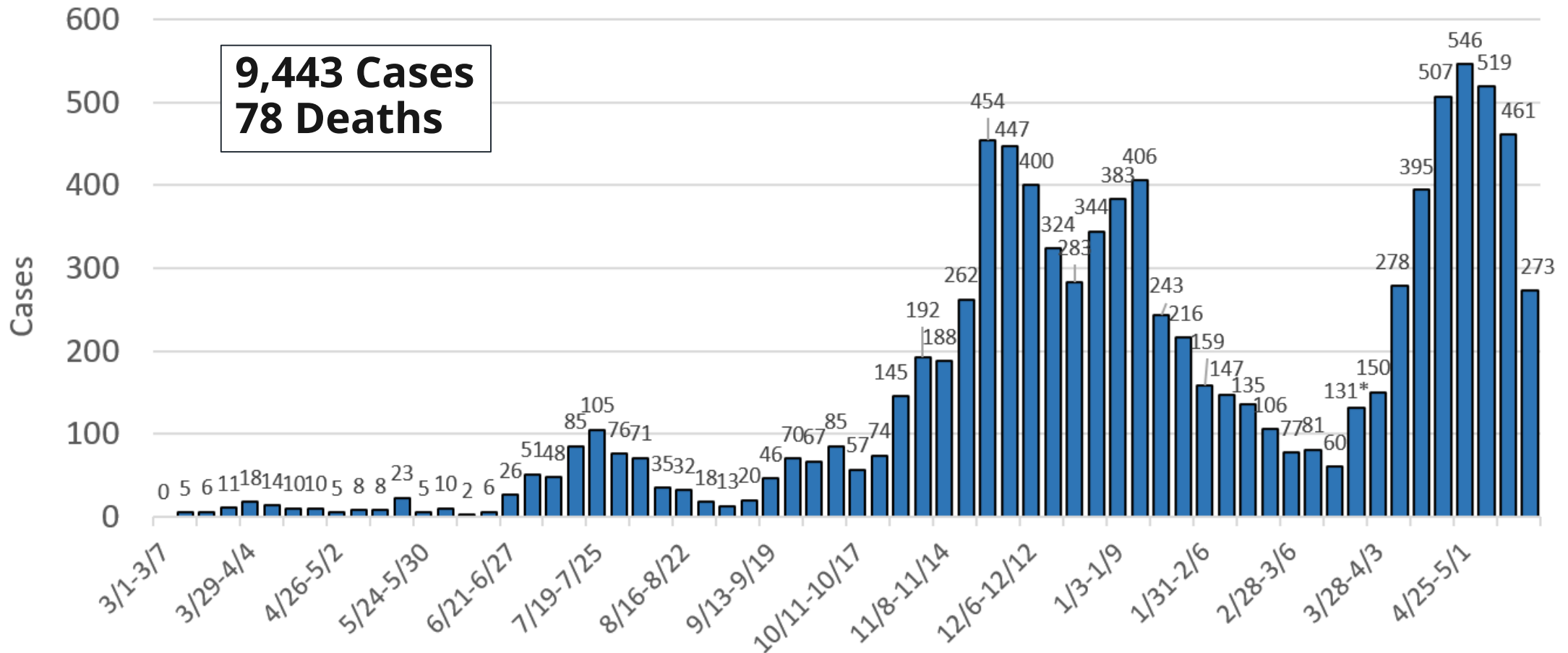


BoCC meeting | May 26, 2021



it's your turn: available now at pharmacies,
primary care clinics & pop-up clinics

COVID-19 Case Counts by Week



Data for this week is not yet shown. Data are shown based on the date a case first became identified as a case.

Data is subject to change



COVID-19 Cases Remain High

Similar to what we've seen:

Not wearing a mask – Social gatherings – Afterschool activities/ carpooling – Travel

We can prevent this:

- ✓ **Wear a mask**
- ✓ **Socialize outdoors**
- ✓ **Keep some distance**

Vaccinate & Test



Vaccines help avoid quarantine

If you're fully vaccinated and you're exposed to someone who has COVID, you do not have to quarantine (as long as you don't have symptoms).

If you're *not* fully vaccinated and you're exposed to someone who has COVID, you do have to quarantine for 14 days.

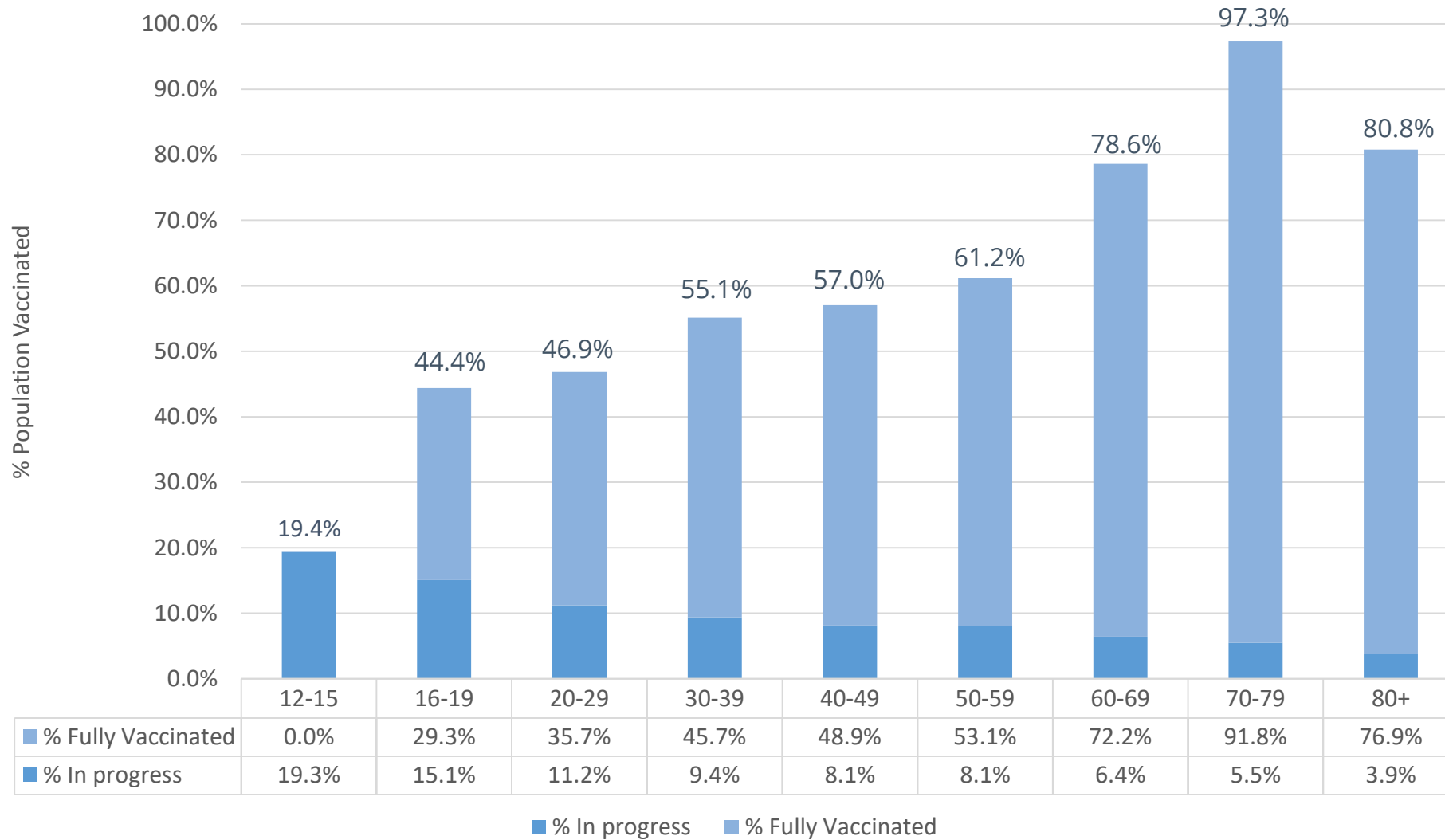


Free COVID-19 testing in June

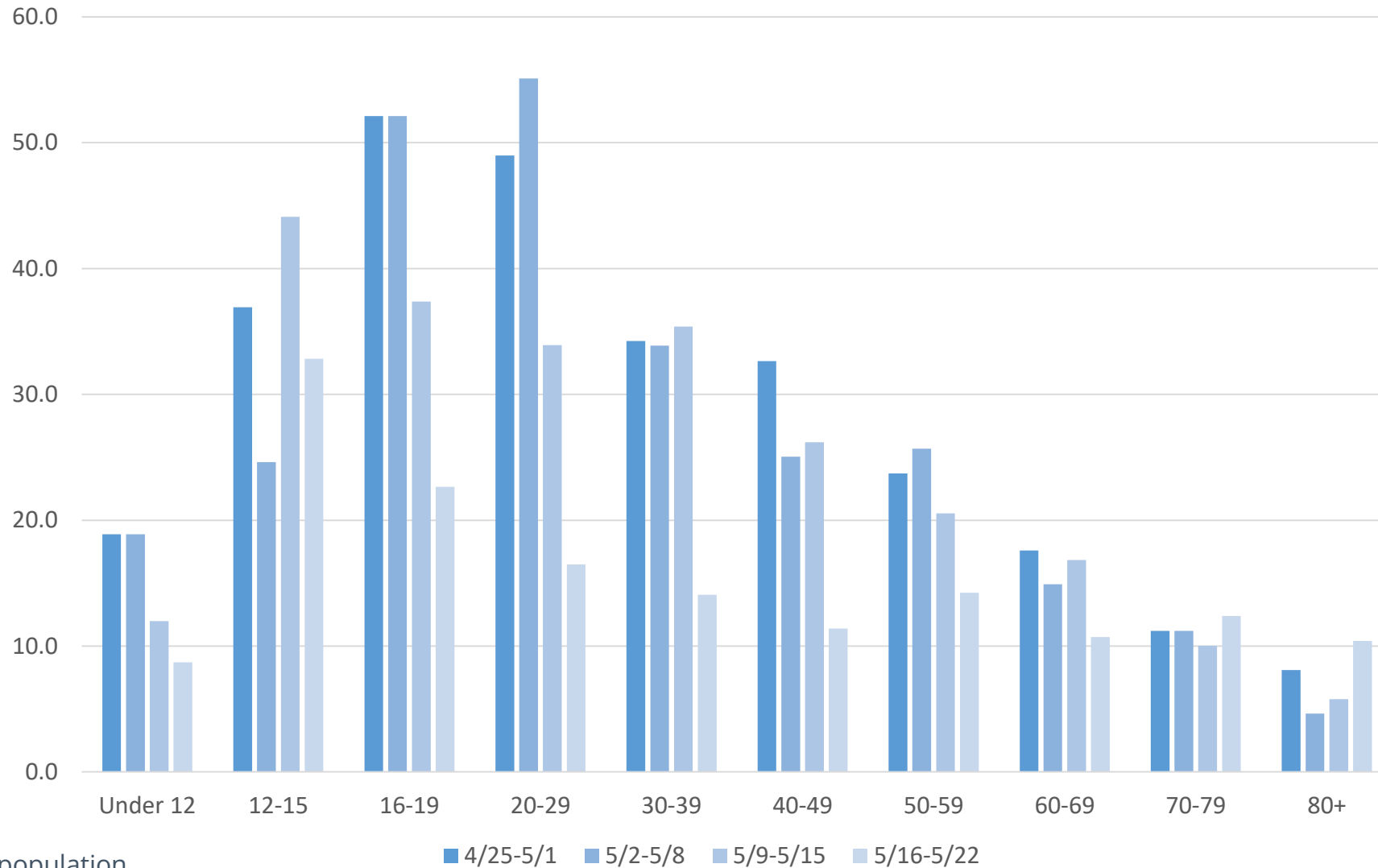
Redmond on Tuesdays
Bend on Thursdays

www.deschutes.org/covidtesting

COVID-19 Vaccinations by Age Group



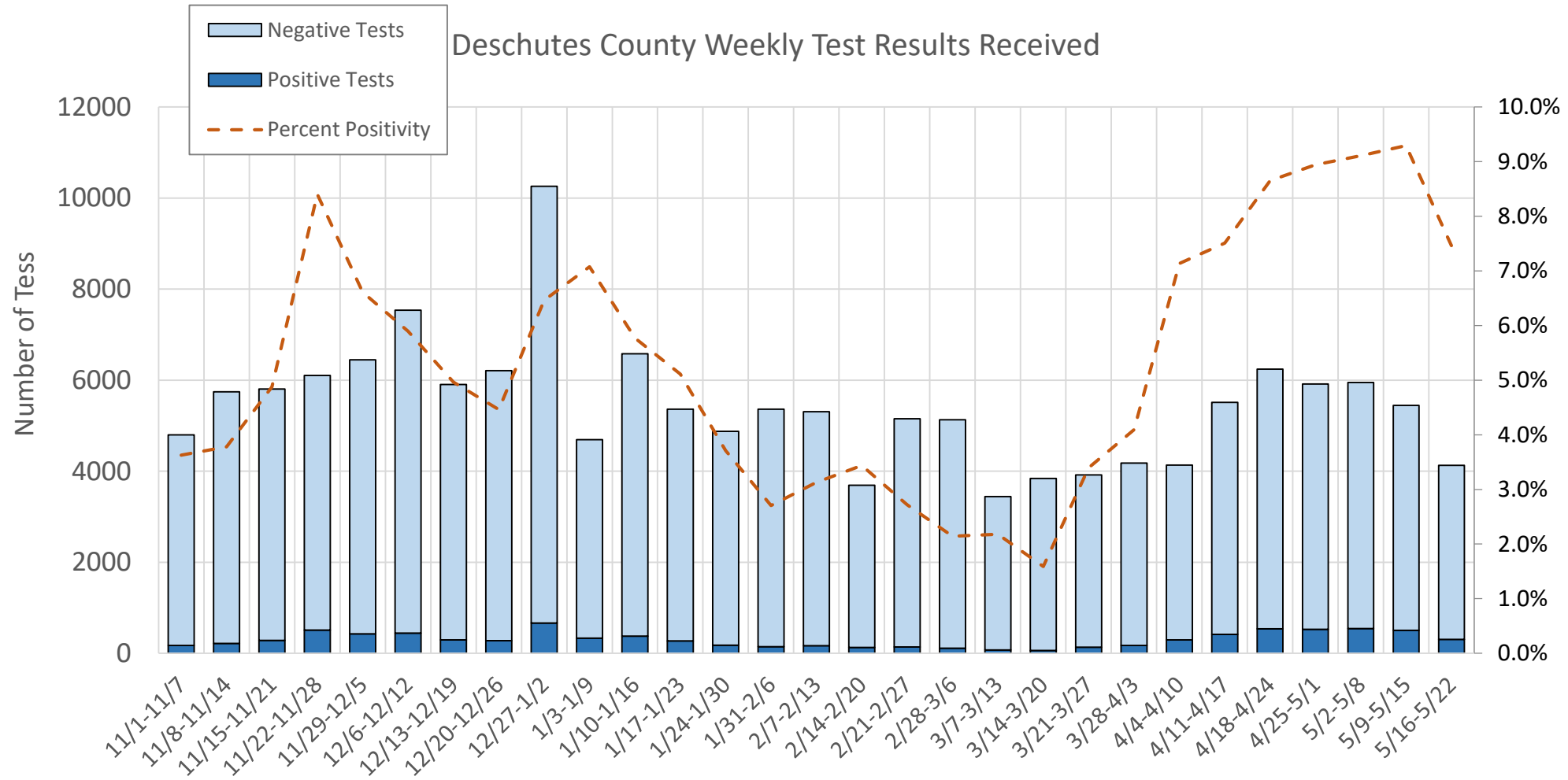
COVID-19 Weekly Case Rates by Age Group



Case rates per 10,000 population

Week ending 5/22/2021

COVID-19 Test Results by Week



don't delay test today

if you're around someone who tests positive, get your test 6 to 9 days later

www.deschutes.org/covidtesting

COVID-19 vs. Allergies

	COVID-19	Allergies
Common	Fever or chills	✗
	Cough	✓
	Body aches	✗
	Headaches	✓
Less Common	Tiredness	✓
	Loss of taste or smell	✗
Not Common	Shortness of breath	⊖*
	Sore throat	⊖
	Sneezing	✗
	Itchy or watery eyes	✓
	Runny or stuffy nose	⊖

*Seasonal allergies do not usually cause shortness of breath, unless a person has a respiratory condition such as asthma that can be triggered by pollen.



cdc.gov/coronavirus

COVID-19 Daily Hospitalization Counts

St. Charles Health System - Hospitalized COVID Patients



Data Provided by St. Charles Health System

Data as of 5/24/2021



97%

of our hospitalized
COVID-19 patients
HAVE NOT been
fully vaccinated.

Oregon's new mask guidance



Yes, I am fully vaccinated.



I can go without my mask and I don't need to physically distance in businesses that are checking my vaccination status.

and

No, I am not fully vaccinated.



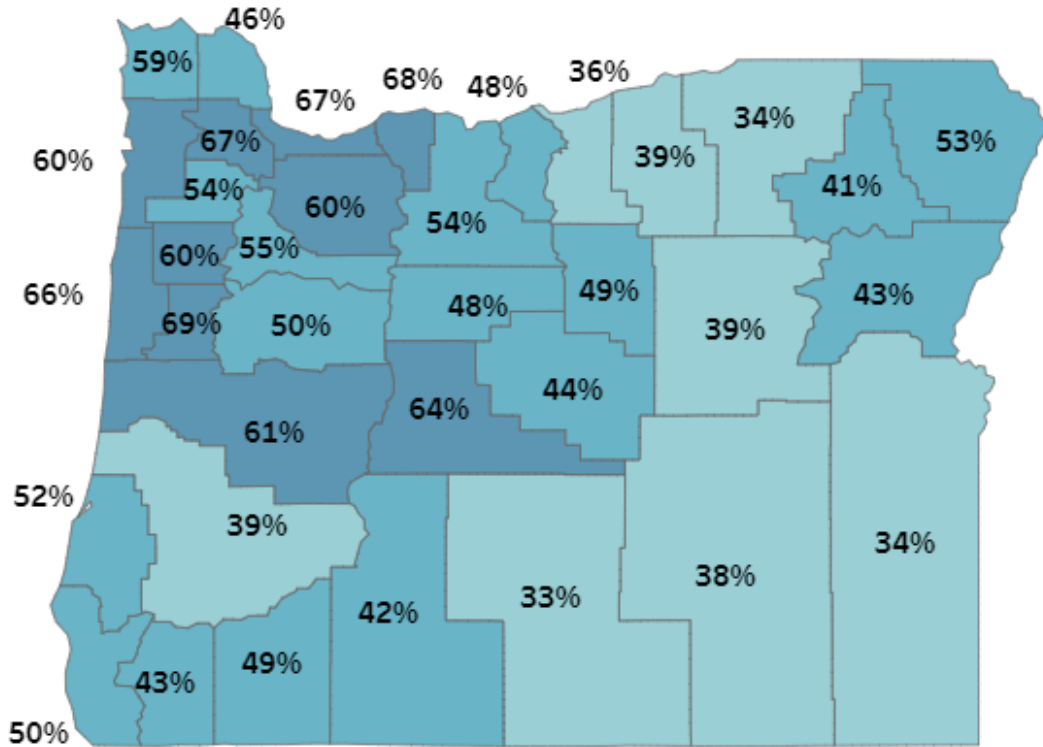
I still need to wear my mask and physically distance in businesses that are checking vaccination status.

and

I still need to wear my mask and I need to physically distance in businesses that are continuing to require a mask.



COVID-19 Vaccinations in Deschutes County



Legend: % Population Vaccinated

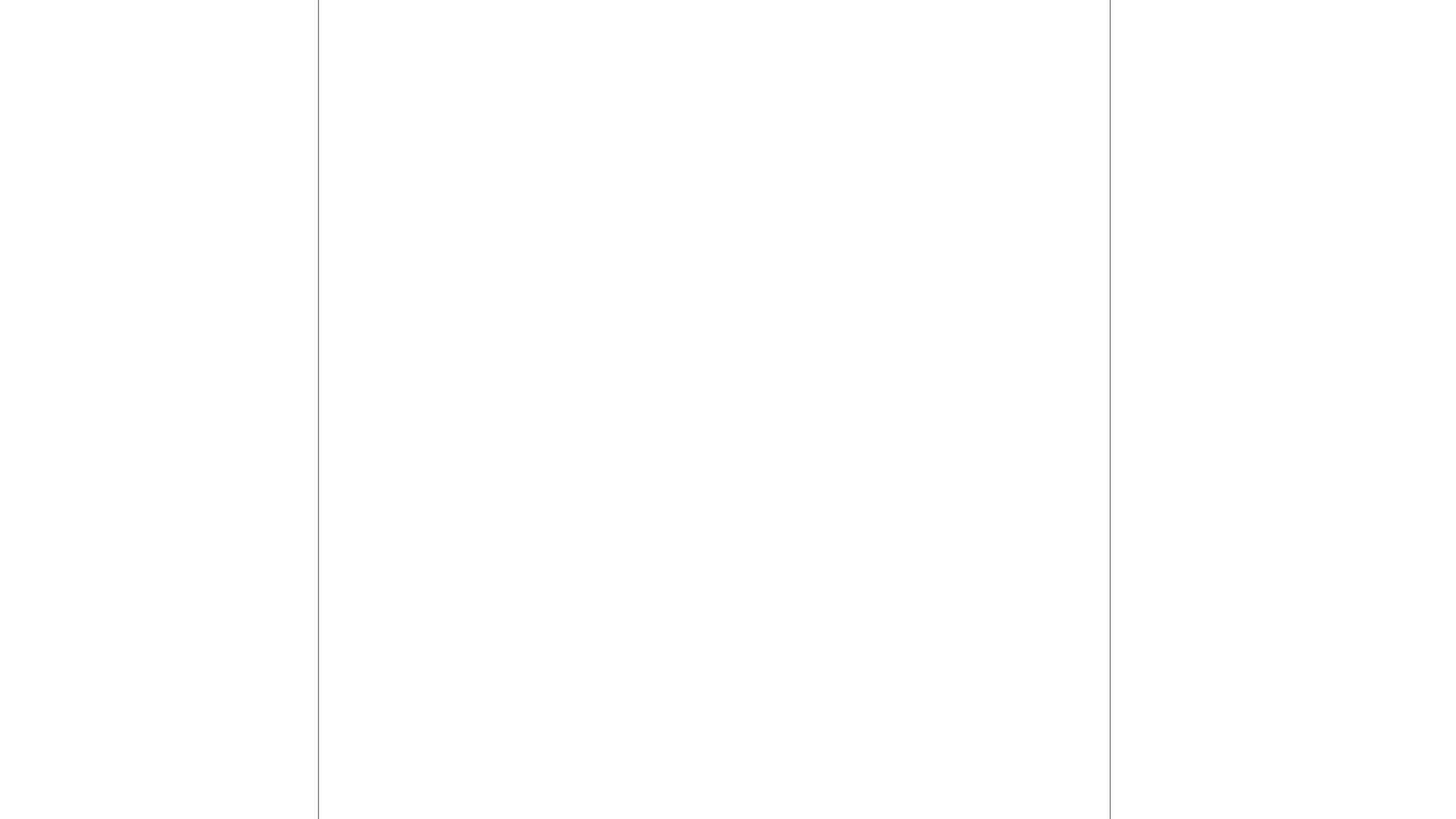


Eligible pop. with series in progress	8.3%
Eligible pop. fully vaccinated	56.1%
Eligible pop. vaccinated*	64.4%
People vaccinated per 10,000 total population*	5,318

Note: Eligible population denominator currently includes people age 16+ only. Numbers will be updated as OHA releases additional data.

*Includes people with vaccination series in progress or fully vaccinated.





Take your shot, Oregon

All people in Oregon who have received at least one dose of a COVID-19 vaccine by June 27 will be entered to win a prize:

- One \$1 Million winner for Oregonians age 18 and older
- Five \$100,000 Oregon College Savings Plan scholarship winners for Oregonians age 12–17
- One \$10,000 winner for each Oregon county



VACCINATION OPTIONS

- ✓ free
- ✓ no insurance required
- ✓ no id required

www.centraloregoncovidvaccine.com



St. Charles

Available to all aged 12+

Schedule!



Mosaic Medical

Available to all aged 12+

Schedule!



High Lakes

Available to all aged 12+

Schedule!



Central Oregon
Pediatric
Associates

Available to all aged 12+

Schedule!



Local
Pharmacies

Fred Meyer, Walgreens,
Safeway, Costco ...

Find one near you



Family Choice
Urgent Care

Available to all aged 12+

Schedule!



La Pine
Community
Health Center

Available to all aged 12+

Schedule!



Summit Health

Current patients only

Schedule!



Deschutes Co

Check out Deschutes
County's pop-up clinics!

Learn more!



Crook Co

Crook County is hosting
some great pop-up clinics.

Schedule!



Jefferson Co

What's available in
Jefferson County?

Schedule!



Vaccines.gov

Check out the CDC's
vaccine locator tool.

Search

YOUTH COVID-19 VACCINE CLINICS

Students **12 and older** are eligible to receive the **COVID-19 vaccine**.



Students age **12-14** must be accompanied by a parent.



Pop-up Clinics

May 27 – La Pine High School – 10 a.m. to noon
Open to anyone 12+

May 30 – St. Thomas Catholic Church in Redmond – 1 to 7 p.m.
Services available in Spanish – Open to anyone 16+

June 1 – Downtown Bend Library – 1 to 3 p.m.
Open to anyone 12+

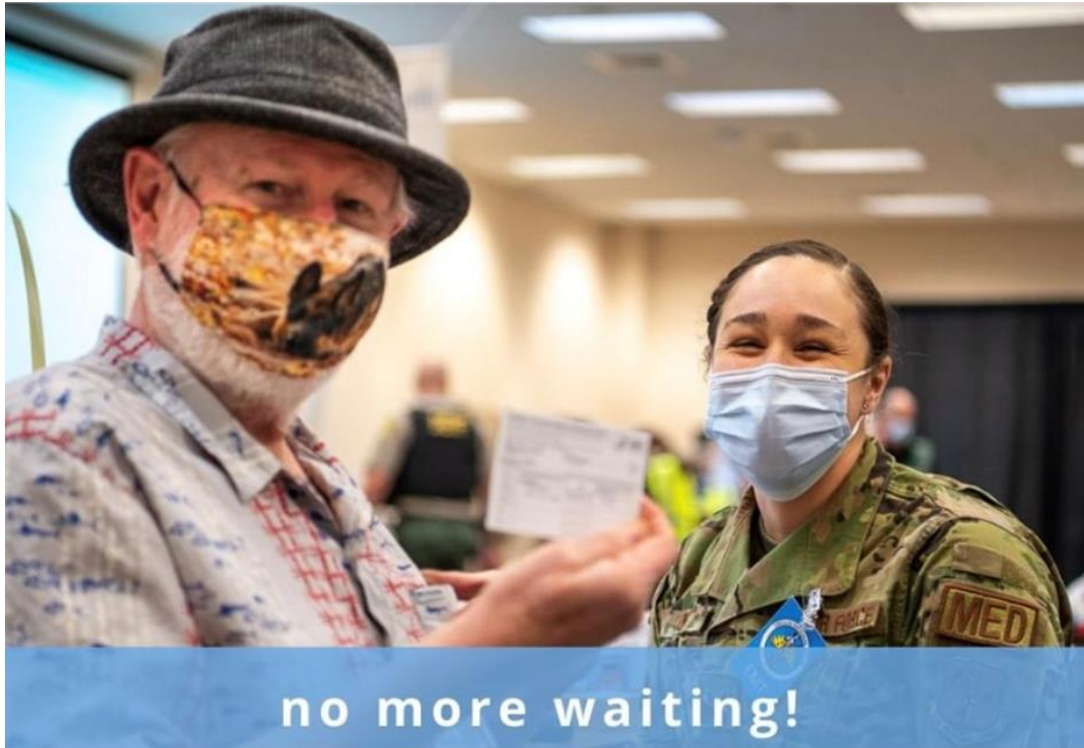
June 3 – Downtown Redmond Library – 9:30 to 11:30 a.m.
Open to anyone 12+

www.deschutes.org/covid19vaccine

*12 to 14 year olds must be accompanied by a parent or guardian.



Second Dose Walk-in Clinics



Bring your vaccine card

Moderna

May 26, 3:30 – 6:30 p.m.

Pfizer

May 28, 8:30 – 11:30 a.m.



Help with questions



Frequently Asked Questions

www.deschutes.org/covid19vaccine

Email assistance

healthservices@deschutes.org

COVID-19 Vaccine Hotline

541-699-5109



Extra

AVERAGE LENGTH OF STAY



HOSPITALIZED IN ICU FOR COVID:

15+ DAYS



HOSPITALIZED FOR COVID:

7 DAYS



HOSPITALIZED PATIENT:

4 DAYS



At St. Charles:

- COVID patients stay in the hospital nearly twice as long as their average hospitalized patient
- COVID patients in the ICU stay three times longer

Partnering with Frontline Businesses

Vaccination clinics

We can help host pop-up clinics for local businesses.

Incentivize

Encourage employees to be vaccinated through incentives.

Share information

Help us spread the word about how to easily access vaccines, safety and efficacy.

Need support to promote vaccinations?

Request resources by emailing healthservices@deschutes.org.



Reopening & risk levels

Beginning May 21, counties eligible for option to move to Lower Risk when:

- 65% of county residents 16 and older receive first dose
- A vaccine equity plan is submitted and approved

Most restrictions to be lifted statewide when 70% of Oregonians 16 and older receive first dose.



Moving to Low Risk

Deschutes County moves to low risk on Friday, May 21.

- Restaurants: Indoor dining – 50% capacity, outdoor dining – 300 people maximum.
- Indoor recreation, fitness and entertainment: 50% capacity
- Outdoor recreation, fitness and entertainment: 50% capacity
- Retail stores : 75% capacity



Vaccines in more places

Long-term sustainable COVID-19 vaccine availability

Vaccines available through

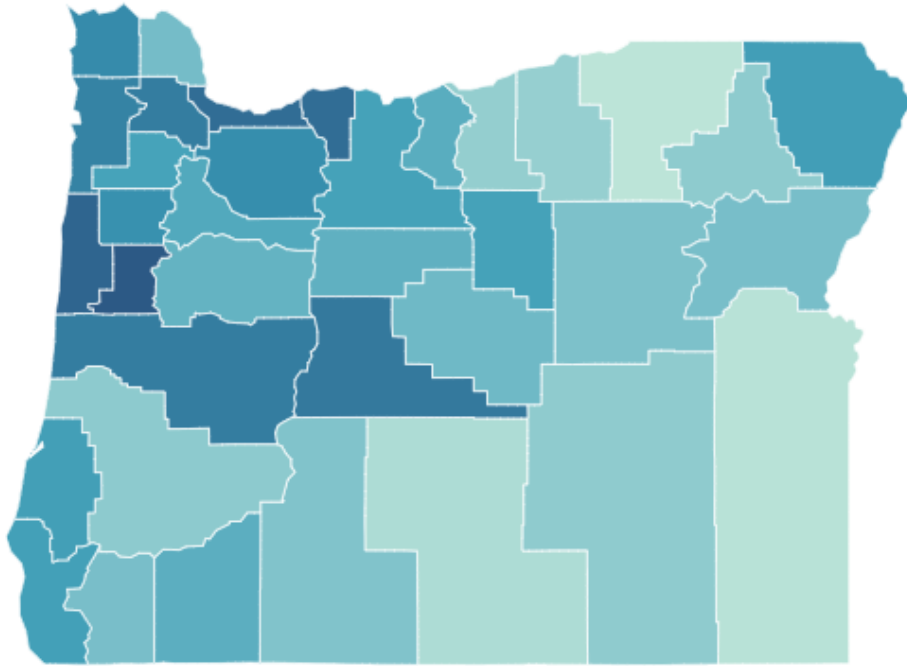
- ✓ Pharmacies, Select Doctors offices, Pop up clinics

**Vaccines are free, Insurance not required,
Identification not required**



COVID-19 Vaccinations in Deschutes County

Vaccination Rates per 10,000 population, by county of residence*



People vaccinated per 10,000: lighter colors represent counties with lower vaccination rates, while darker colors represent counties with higher vaccination rates.

People with vaccination series in progress	19,521
People fully vaccinated	78,418
Total people vaccinated*	97,939
Total people vaccinated per 10,000 population*	4,971



*Includes people with vaccination series in progress or fully vaccinated

Data as of 5/10/2021

Recovery from COVID-19 can take a long time, even in young adults with no chronic conditions



1 in 5

previously healthy young adults* weren't back to usual health 14-21 days after testing positive

*ages 18-34
Random sample of adult outpatients with COVID-19 from 14 U.S. academic health care systems

CDC.GOV

bit.ly/MMWR72420

To stay well and protect others...



Stay 6 feet away from others not living in your household



Wash hands often



Wear face coverings consistently and correctly in public

MMWR

Why are COVID-19 cases in Oregon rising?

Along with increased social gatherings without face coverings, **more transmissible variants are in Oregon.**



Variants of concern have **mutations** in the virus genome that **cause the virus to act differently.**



One variant, B.1.1.7, has now become the dominant variant in Oregon statewide. B.1.1.7 is 50% more transmissible and may cause more severe disease.



The good news is that it appears that **COVID-19 vaccines are effective against variant B.1.1.7.**



Real-world data show vaccination* **reduced the risk** for COVID-19 hospitalization among adults 65 and older†

Vaccination is a critical tool to **reduce severe COVID-19** in adults 65 and older



* Receipt of Pfizer-BioNTech or Moderna 2-dose vaccine series

† Patients enrolled from 24 U.S. hospitals in 14 states

Choosing Safer Activities

	Unvaccinated People	Your Activity	Fully Vaccinated People
		Outdoor	
Safest		Walk, run, or bike outdoors with members of your household	
		Attend a small, outdoor gathering with fully vaccinated family and friends	
		Attend a small, outdoor gathering with fully vaccinated and unvaccinated people	
Less Safe		Dine at an outdoor restaurant with friends from multiple households	
Least Safe		Attend a crowded, outdoor event, like a live performance, parade, or sports event	
		Indoor	
Less Safe		Visit a barber or hair salon	
		Go to an uncrowded, indoor shopping center or museum	
		Ride public transport with limited occupancy	
		Attend a small, indoor gathering of fully vaccinated and unvaccinated people from multiple households	
Least Safe		Go to an indoor movie theater	
		Attend a full-capacity worship service	
		Sing in an indoor chorus	
		Eat at an indoor restaurant or bar	
		Participate in an indoor, high intensity exercise class	

Get a COVID-19 vaccine



Prevention measures not needed



Take prevention measures

Fully vaccinated people: wear a mask.
Unvaccinated people: wear a mask, stay 6 feet apart, and wash your hands.

- Safety levels assume the recommended prevention measures are followed, both by the individual and the venue (if applicable).
- CDC cannot provide the specific risk level for every activity in every community. It is important to consider your own personal situation and the risk to you, your family, and your community before venturing out.

Extreme Risk

Summary of changes:

- No indoor dining – outdoor dining allowed
- Reduced retail capacity
- Reduced indoor fitness and recreation facility capacity
- Require remote work, if able
- Outdoor visitation at long-term care facilities only



Perks of being fully vaccinated



NO QUARANTINE	<ul style="list-style-type: none">• if exposed to someone with COVID-19• after any travel, both domestic and international
NO TESTING	<ul style="list-style-type: none">• if exposed to someone with COVID-19 and are asymptomatic• before leaving the United States for international travel (unless required by the destination)
REFRAIN FROM WEARING A MASK	<ul style="list-style-type: none">• while visiting indoors with other fully vaccinated people or with unvaccinated people from a single household who are at low risk for severe COVID-19• while participating in outdoor activities and recreation, except in certain crowded settings and venues



COVID-19 VACCINE

CURRENT COMPARISONS



PFIZER

Type: Messenger RNA

2 shots
21 days apart

For those age 16
years and older

95% effective against
COVID-19 infection
after both shots

100% effective
against death from
COVID-19

MODERNA

Type: Messenger RNA

2 shots
28 days apart

For those age 18
years and older

95% effective against
COVID-19 infection
after both shots

100% effective
against death from
COVID-19

J&J

(JOHNSON & JOHNSON)

Type: Viral vector

1 shot

For those age 18
years and older

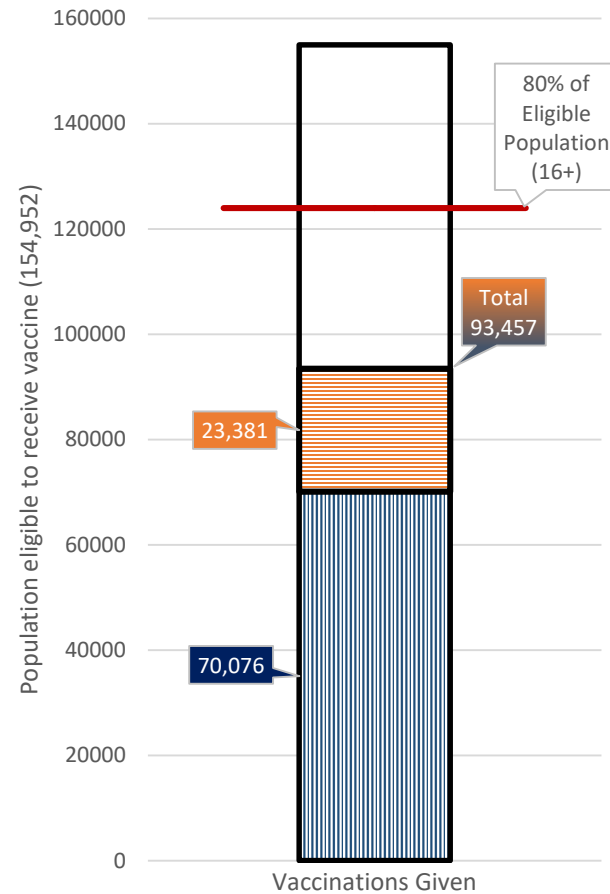
66% effective against
COVID-19 infection

100% effective
against death from
COVID-19

Information from the CDC and FDA | As of March 25, 2021

Warning about J&J (reproductive)

Proportion of Population Vaccinated*



- Unvaccinated
- Vaccination Series in Progress
- Fully Vaccinated

Data Source: Oregon Health Authority, 05/02/2021



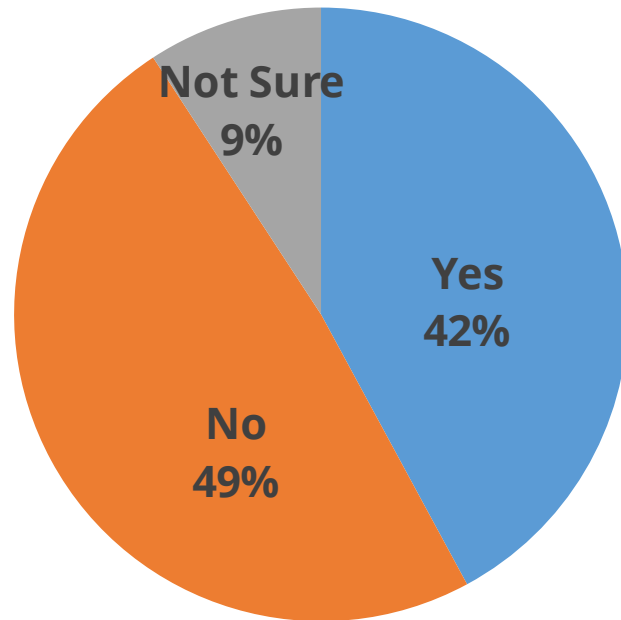
*Estimation based on eligible vaccine candidates only

Data as of 5/2/2021

What We Know About Those on the Fence

Nearly Half More Confident Than They Were 3 Months Ago

Are you more likely to get a COVID-19 vaccine now than you were 3 months ago?



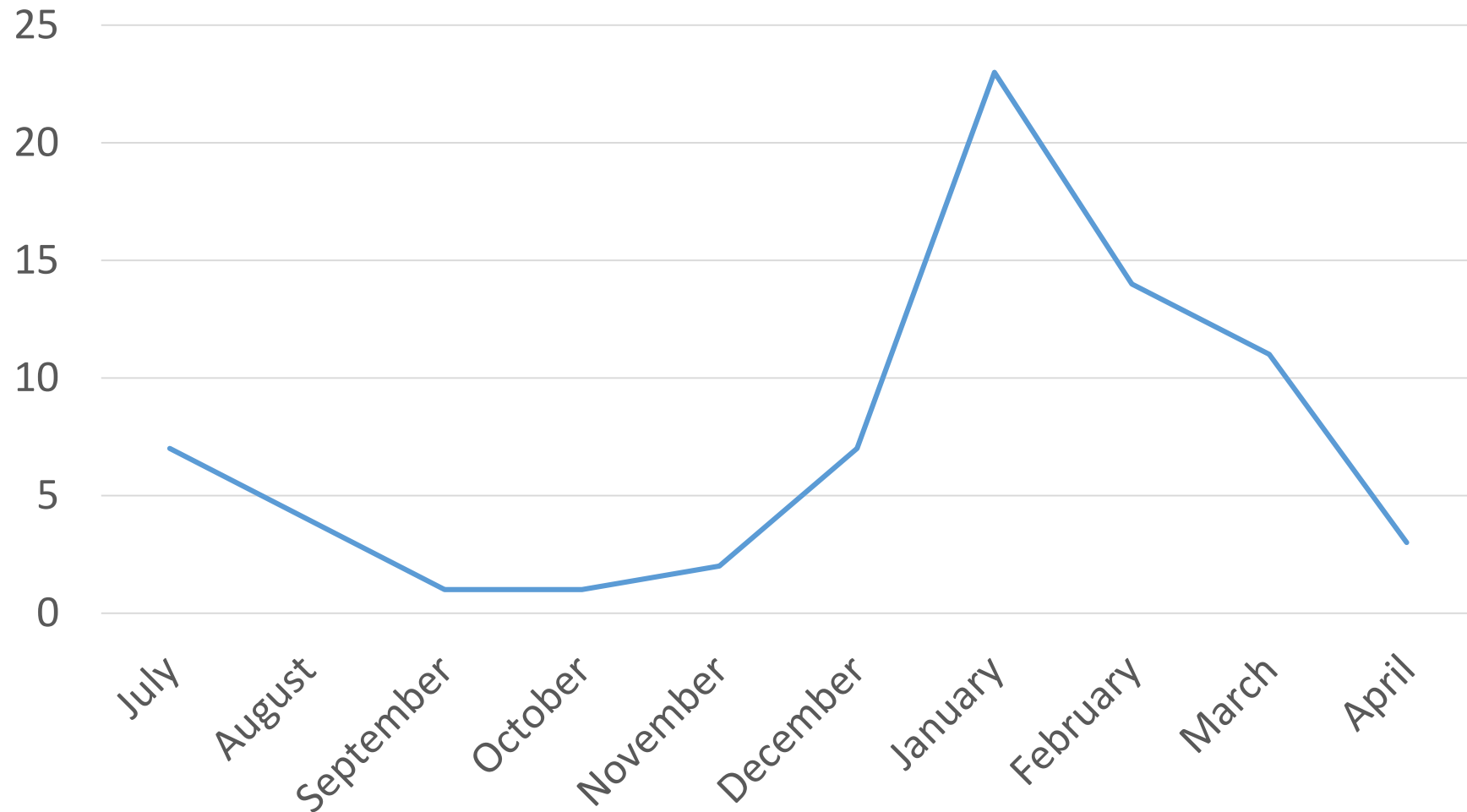
Influential factors:

- Time
- Research
- Knowing vaccinated people
- Ease / convenience

Most concerned about unknown **long-term effects**



COVID-19 deaths by month



Moving down to high risk level

Effective Friday, May 7, Deschutes County will move from Extreme Risk Level to the High Risk Level. This means:

- Restaurants may have indoor dining at 25% occupancy (max 50) and up to 120 people outdoors
- Indoor fitness, recreation and entertainment may have 25% occupancy (max 50)
- Retail stores may have 50% occupancy
- Outdoor fitness, recreation and entertainment may have 15% occupancy



Get Vaccinated

**Get back to doing
the things you
love,**

**With the people
you love!**

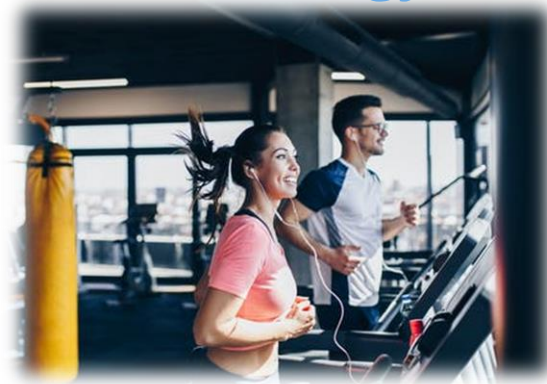
Dine out with friends



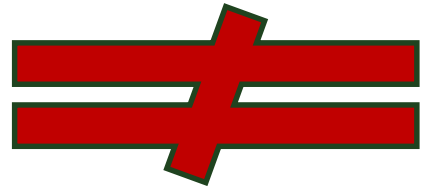
Have a birthday party



Go to the gym



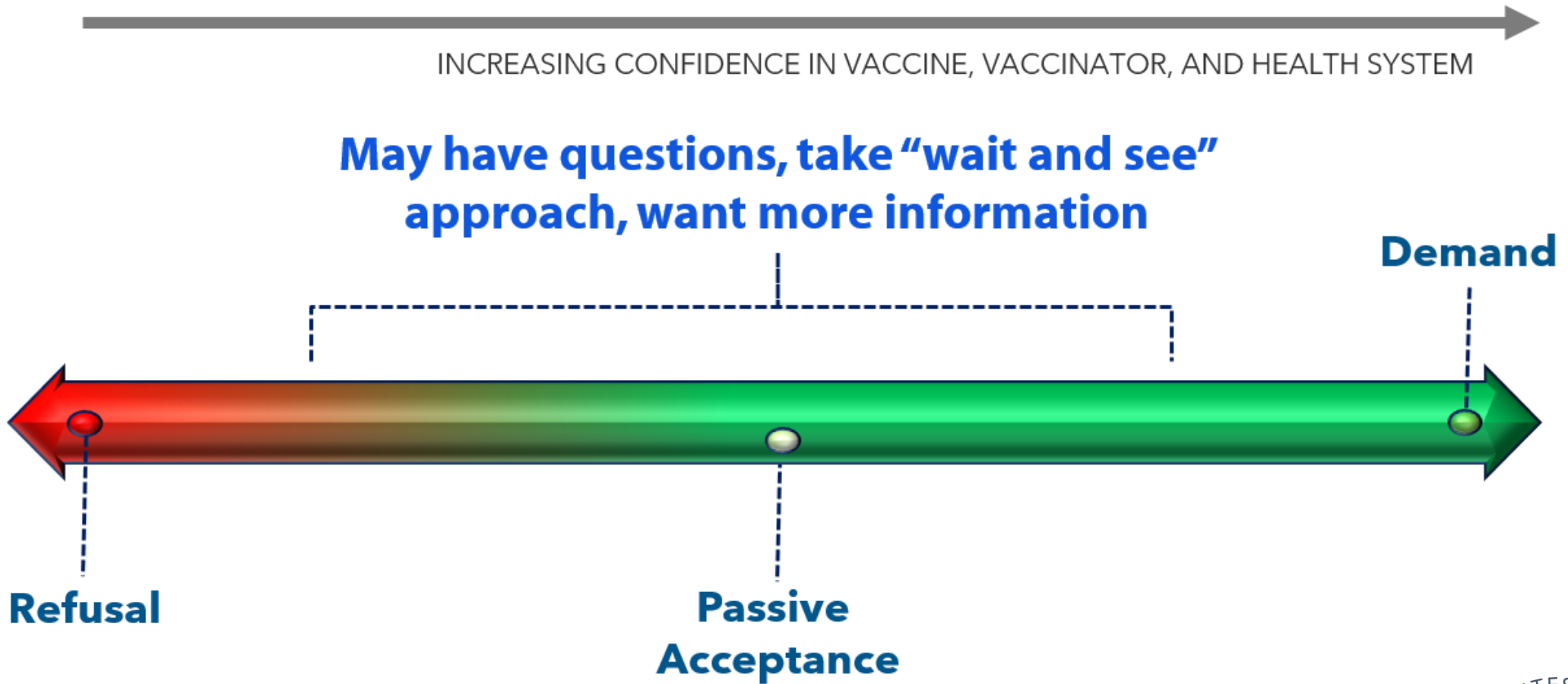
Vaccines



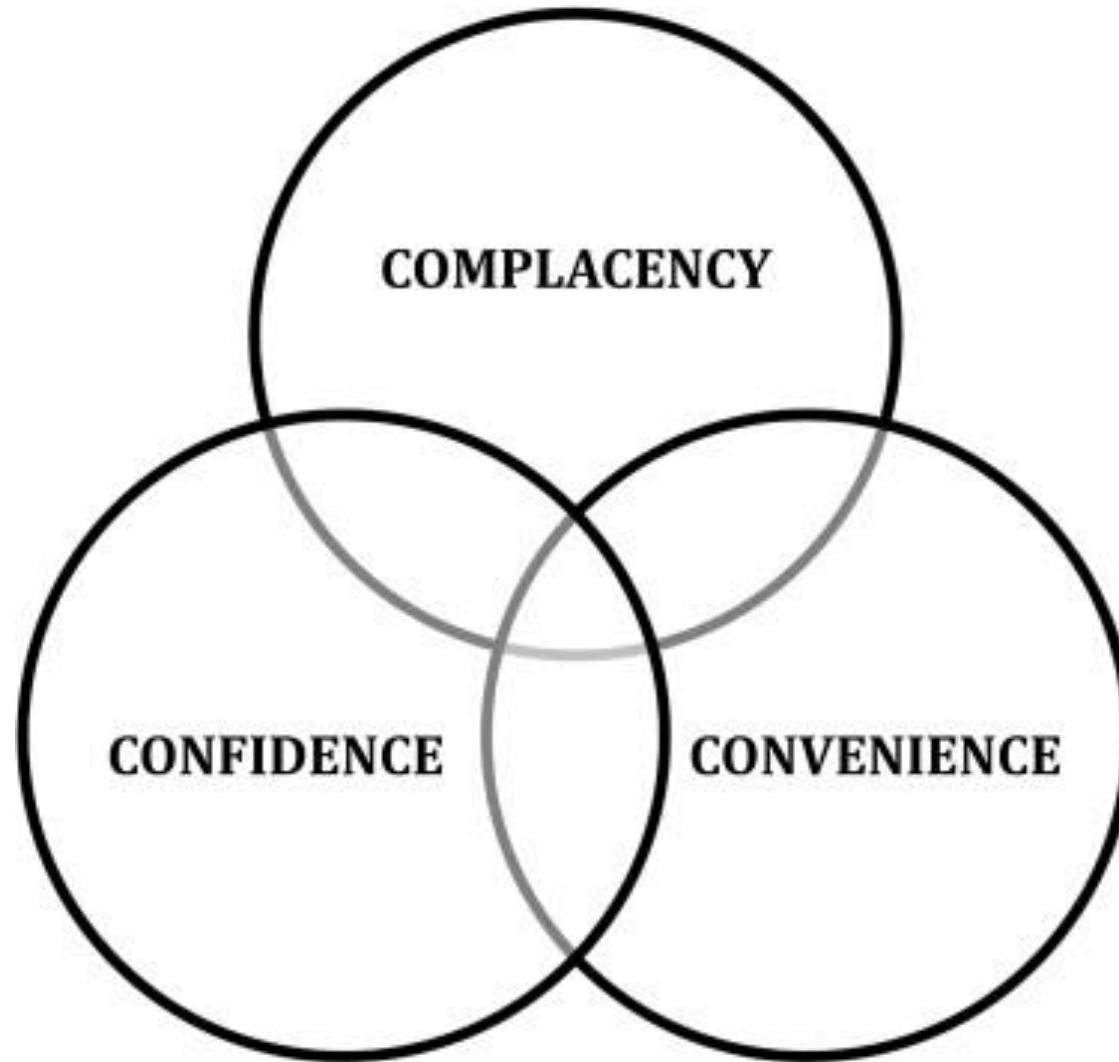
Vaccination



The Continuum of Vaccine Hesitancy



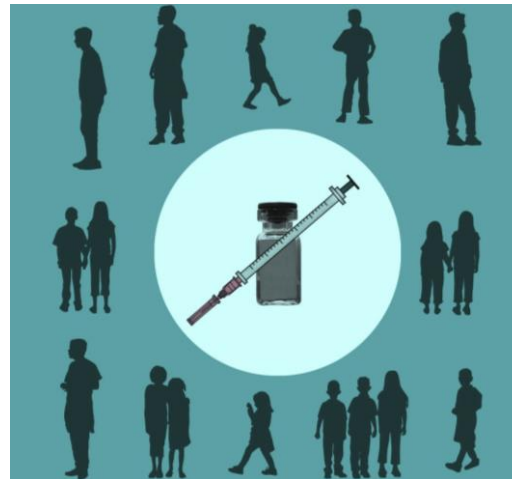
Determinants of Vaccine Hesitancy



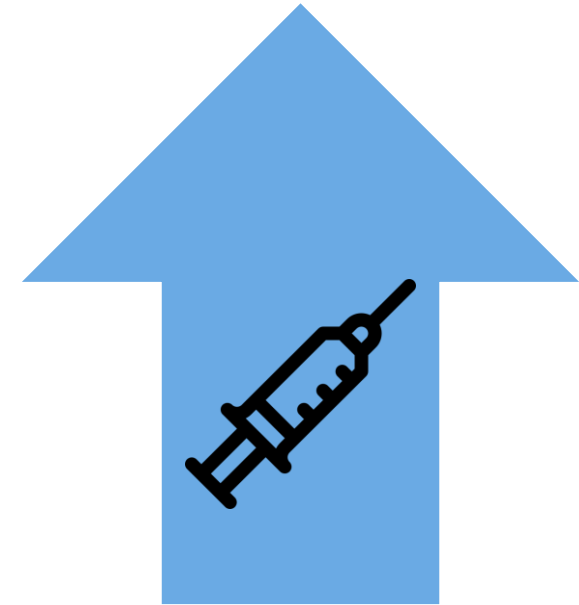
Central Oregon Vaccine Confidence Coalition



Innovative,
evidence-based
and equity-
informed
strategies and
interventions



Confidence
Complacency
Convenience

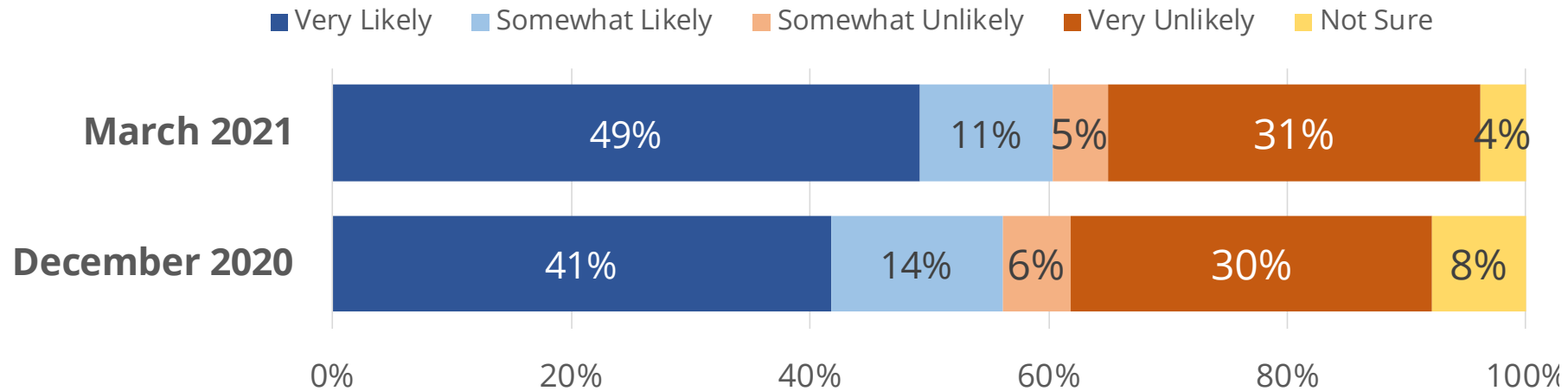


COVID Vaccine
Uptake &
Coverage



What's We've Learned

Likelihood to get vaccinated has increased as more people have seen their friends and family members get vaccinated



Messages about **trust, family, and freedom** most impactful

Health care providers most trusted messengers



What We Know About Vaccination Access

94%

Comfortable getting vaccinated in a **healthcare setting**



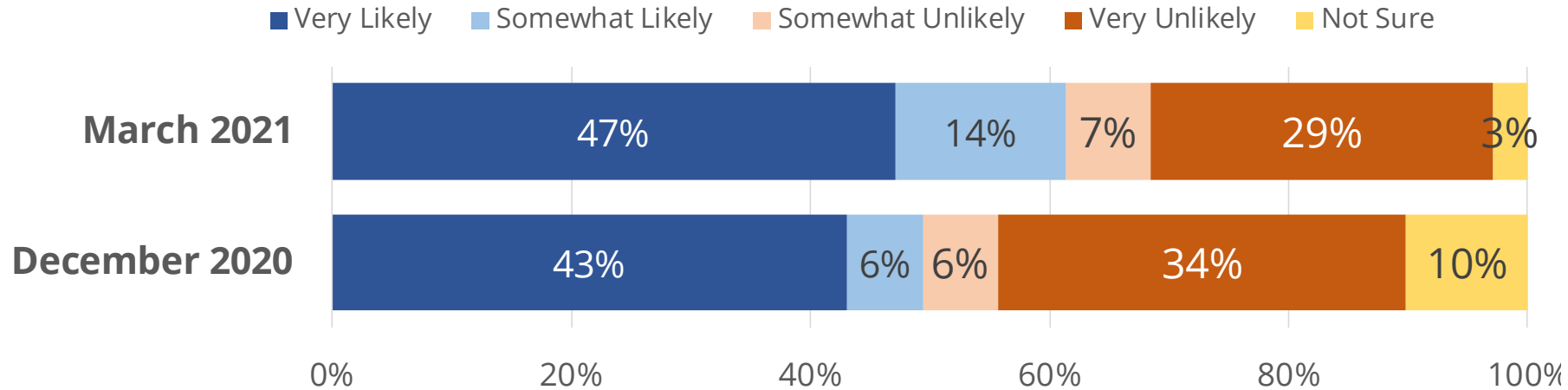
Scheduling an appointment online somewhat of a barrier

Weekday & daytime appointments preferred



What We Know About Young Adults

Three in five 18-29 year olds are likely to get vaccinated



Weekday & evening scheduling



Comfortable with **pharmacy** vaccination



Many have had COVID-19

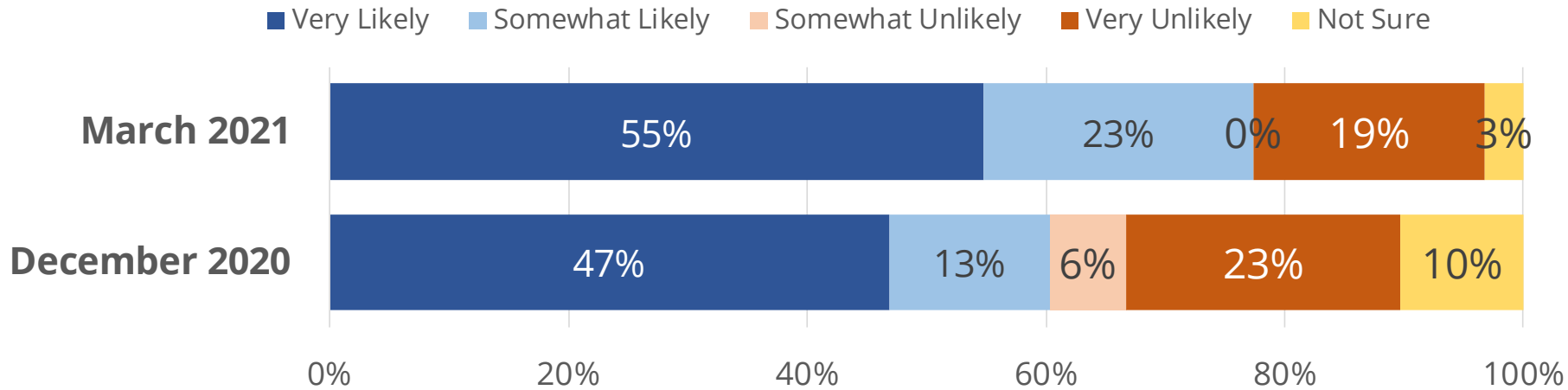


Long-term concerns



What We Know About Hispanic/Latino(x) Adults

Three in four Latino(x) respondents likely to get vaccinated



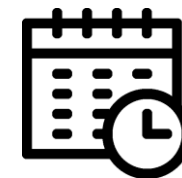
48%

More likely to get vaccinated than 3 months prior

Preference for mRNA vaccines



Weekdays & afternoons preferred



Actions to Address Vaccine Confidence



VACUNA
COVID-19
CHARLA

Con nuestro invitado especial
Kim Montee, MD
Mosaic Medical
Family Medicine
M.D., Bachelors in Mathematics
and Computer Sciences
American Board of Family Medicine

MARTES 26 DE ENERO ¡Acompañenos en vivo!
6-7 PM
LCA- PAGINA DE FACEBOOK **LIVE**

Tambien con nosotros
Jason Villanueva
Community Health Worker III
Clinica de Mosaic
MODERADORA
Milagros Aparicio
LCA- Client Services Manager-Bend

Además hablaremos de:
COVID-19
• Exámenes GRATIS
• Su impacto en latinos
• ¡Sigamonos cuidando!

A graphic for the "I Got the Shot" campaign. It features a central map of Oregon with a syringe and a heart. The text "I GOT THE SHOT" is prominently displayed. The graphic is surrounded by a border of colorful birds and the text "La Pine High School" repeated multiple times.



Actions to Address Vaccine Confidence



appointments available. schedule your

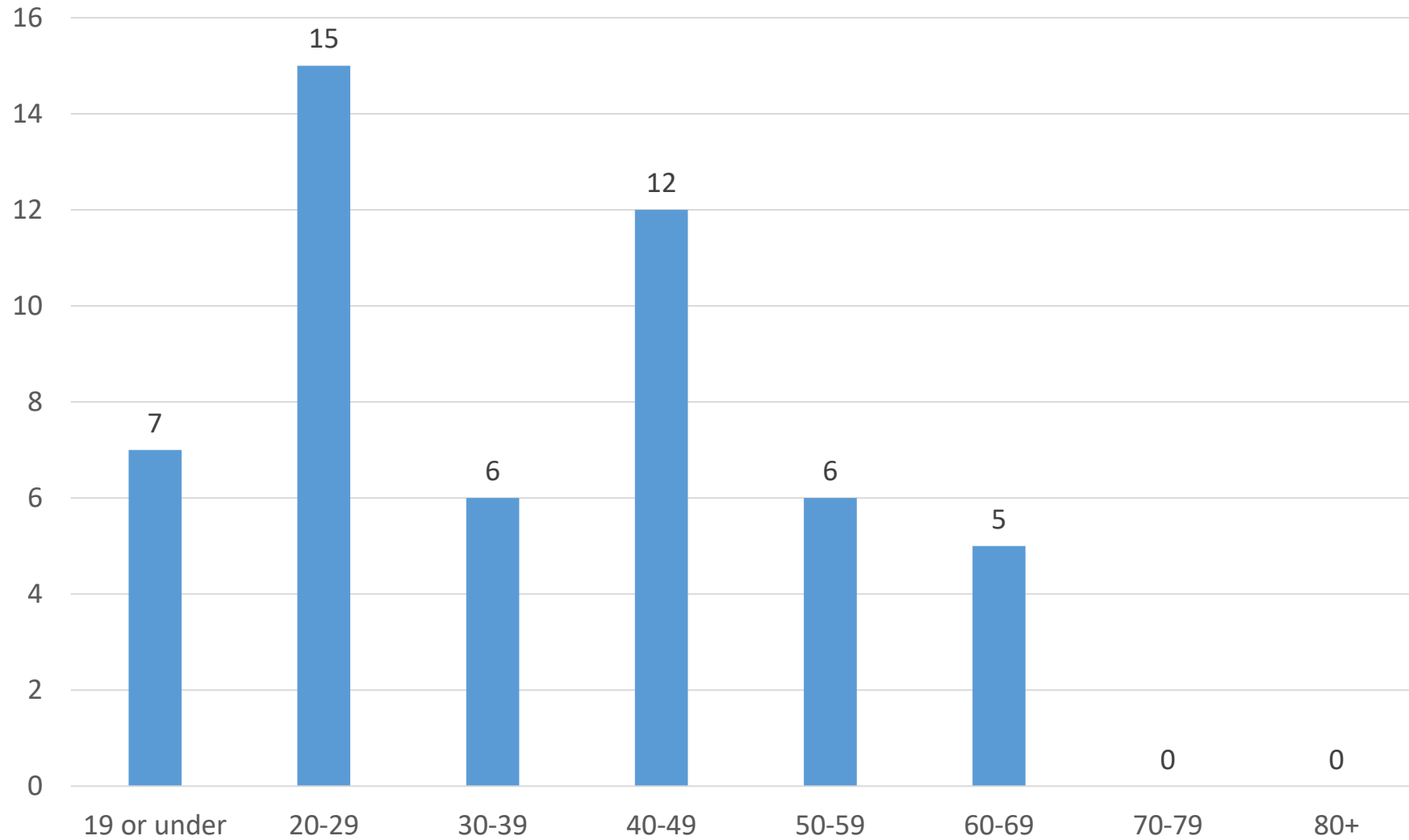
COVID-19 VACCINE

everyone 16 and older is eligible

www.centraloregoncovidvaccine.com



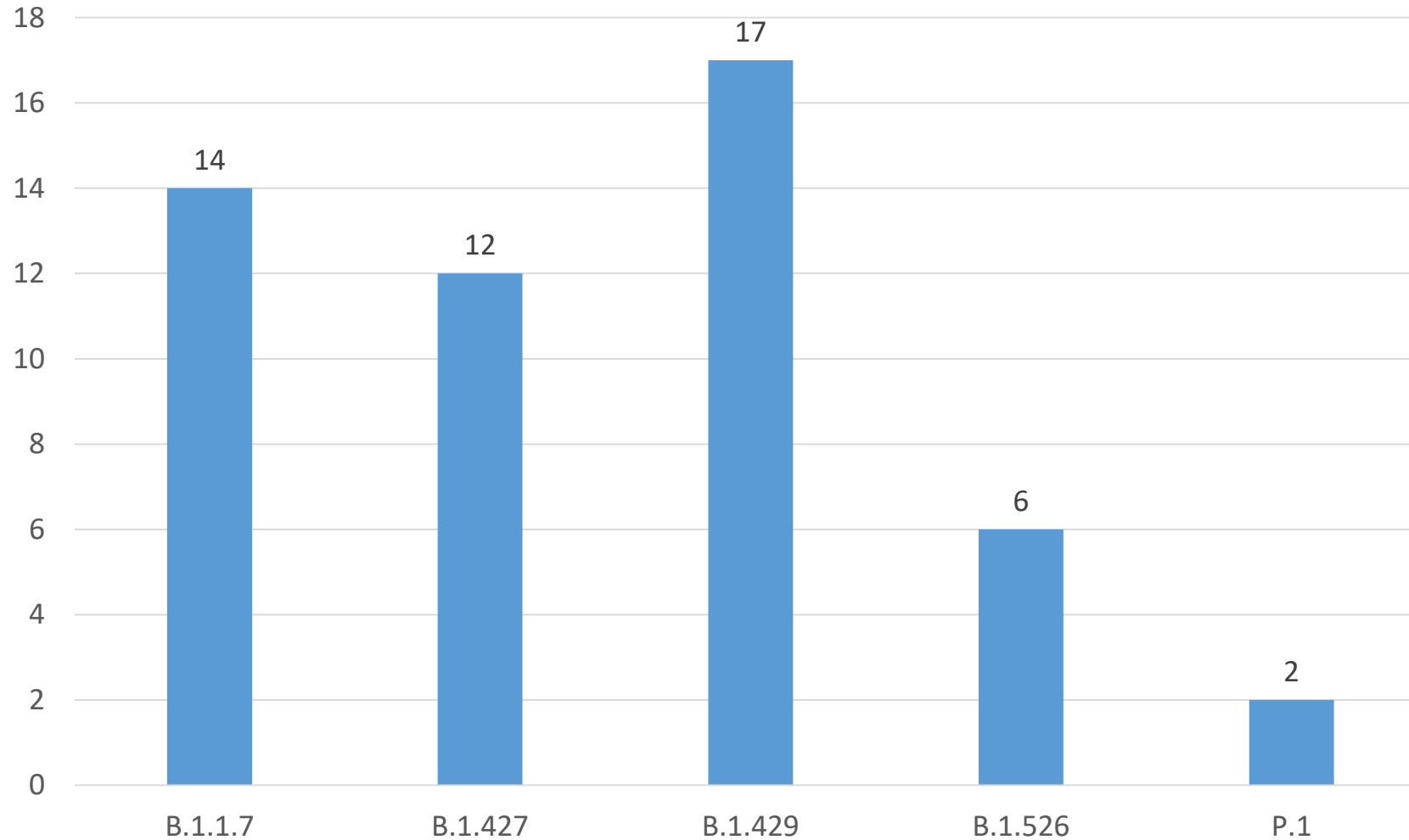
COVID-19 Variants of Concern by Age



Data source: OPERA



COVID-19 Variants of Concern



Data source: OPERA

