Deschutes County moves to low risk on Friday, May 21.

- Restaurants: Indoor dining – 50% capacity, outdoor dining – 300 people maximum.
- Indoor recreation, fitness and entertainment: 50% capacity
- Outdoor recreation, fitness and entertainment: 50% capacity
- Retail stores: 75% capacity
I got the shot

It's your turn: available now at pharmacies, primary care clinics & pop-up clinics
COVID-19 Case Counts by Week

9,235 Cases 76 Deaths

Data for this week is not yet shown. Data are shown based on the date a case first became identified as a case.

Data is subject to change
COVID-19 Cases Remain High

Similar to what we've seen:
Not wearing a mask – Social gatherings – Afterschool activities/ carpooling – Travel

We can prevent this:
✓ Wear a mask
✓ Socialize outdoors
✓ Keep some distance

Vaccinate & Test
Vaccines help avoid quarantine

If you’re fully vaccinated and you’re exposed to someone who has COVID, you do not have to quarantine (as long as you don’t have symptoms).

If you’re *not* fully vaccinated and you’re exposed to someone who has COVID, you do have to quarantine for 14 days.
free COVID-19 testing
Downtown Bend Thursdays in May 9 a.m. to 2 p.m.

www.deschutes.org/covidtesting
## COVID-19 vs. Allergies

<table>
<thead>
<tr>
<th></th>
<th>COVID-19</th>
<th>Allergies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fever or chills</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Cough</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Body aches</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Headaches</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Tiredness</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Loss of taste or smell</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Shortness of breath</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Sore throat</td>
<td></td>
<td>✓</td>
</tr>
<tr>
<td>Sneezing</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Itchy or watery eyes</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Runny or stuffy nose</td>
<td>✓</td>
<td>✓</td>
</tr>
</tbody>
</table>

*Seasonal allergies do not usually cause shortness of breath, unless a person has a respiratory condition such as asthma that can be triggered by pollen.*
COVID-19 Vaccinations by Age Group

Data as of 5/17/2021
COVID-19 Weekly Case Rates by Age Group

Case rates per 10,000 population

Week ending 5/15/2021
COVID-19 Test Results by Week

Week ending 5/15/2021

Deschutes County Weekly Test Results Received

- Negative Tests
- Positive Tests
- Percent Positivity

Weeks with the highest number of tests and the highest positivity rates are highlighted.
don't delay

test today

if you're around someone who tests positive, get your test 6 to 9 days later

www.deschutes.org/covidtesting
New Mask Guidance for Oregon

Oregon’s new mask guidance

Yes, I am fully vaccinated.
I can go without my mask and I don’t need to physically distance in businesses that are checking my vaccination status.
and
I still need to wear my mask and I need to physically distance in businesses that are continuing to require a mask.

No, I am not fully vaccinated.
I still need to wear my mask and physically distance in businesses that are checking vaccination status.
and

COVID-19 Vaccinations in Deschutes County

Data as of 5/17/2021

Eligible pop. with series in progress: 9.7%
Eligible pop. fully vaccinated: 52.9%
Eligible pop. vaccinated*: 63%
Total people vaccinated per 10,000 population*: 5,107

*Includes people with vaccination series in progress or fully vaccinated
Reopening & risk levels

Beginning May 21, counties eligible for option to move to Lower Risk when:

• 65% of county residents 16 and older receive first dose
• A vaccine equity plan is submitted and approved

Most restrictions to be lifted statewide when 70% of Oregonians 16 and older receive first dose.
**VACCINATION OPTIONS**

- ✓ free
- ✓ no insurance required
- ✓ no id required

www.centraloregoncovidvaccine.com
YOUTH COVID-19 VACCINE CLINICS

Students 12 and older are eligible to receive the COVID-19 vaccine.

Students age 12-14 must be accompanied by a parent.
Second Dose Walk-in Clinics

Bring your vaccine card

**Pfizer**
- May 21, 8:30 a.m. – 12:30 p.m.
- May 22, 8:30 a.m. – 12:30 p.m.

**Moderna**
- May 26, 3:30 – 6:30 p.m.
- May 28, 8:30 – 11:30 a.m.
## Partnering with Frontline Businesses

<table>
<thead>
<tr>
<th>Vaccination clinics</th>
<th>Incentivize</th>
<th>Share information</th>
</tr>
</thead>
<tbody>
<tr>
<td>We can help host pop-up clinics for local businesses.</td>
<td>Encourage employees to be vaccinated through incentives.</td>
<td>Help us spread the word about how to easily access vaccines, safety and efficacy.</td>
</tr>
</tbody>
</table>

Need support to promote vaccinations? Request resources by emailing healthservices@deschutes.org.
Help with questions

Frequently Asked Questions
www.deschutes.org/covid19vaccine

Email assistance
healthservices@deschutes.org

COVID-19 Vaccine Hotline
541-699-5109
Extra
Vaccines in more places

Long-term sustainable COVID-19 vaccine availability

Vaccines available through
- Pharmacies, Select Doctors offices, Pop up clinics

Vaccines are free, Insurance not required, Identification not required
COVID-19 Vaccinations in Deschutes County

Vaccination Rates per 10,000 population, by county of residence*

People with vaccination series in progress: 19,521
People fully vaccinated: 78,418
Total people vaccinated*: 97,939
Total people vaccinated per 10,000 population*: 4,971

*Includes people with vaccination series in progress or fully vaccinated

People vaccinated per 10,000: lighter colors represent counties with lower vaccination rates, while darker colors represent counties with higher vaccination rates.

Data as of 5/10/2021
Recovery from COVID-19 can take a long time, even in young adults with no chronic conditions

1 in 5 previously healthy young adults* weren’t back to usual health 14-21 days after testing positive

To stay well and protect others...

- Stay 6 feet away from others not living in your household
- Wash hands often
- Wear face coverings consistently and correctly in public

*ages 18-34
Random sample of adult outpatients with COVID-19 from 14 U.S. academic health care systems

CDC.GOV bit.ly/MMWR72420
Why are COVID-19 cases in Oregon rising?

Along with increased social gatherings without face coverings, more transmissible variants are in Oregon.

Variants of concern have **mutations** in the virus genome that **cause the virus to act differently**.

One variant, B.1.1.7, has now become the dominant variant in Oregon statewide. B.1.1.7 is 50% more transmissible and may cause more severe disease.

The good news is that it appears that COVID-19 vaccines are effective against variant B.1.1.7.
Real-world data show vaccination* reduced the risk for COVID-19 hospitalization among adults 65 and older†

Vaccination is a critical tool to reduce severe COVID-19 in adults 65 and older

- Dose #1
- Dose #2
- 14 or more days after 2nd dose

* Receipt of Pfizer-BioNTech or Moderna 2-dose vaccine series
† Patients enrolled from 24 U.S. hospitals in 14 states

CDC.GOV
bit.ly/MMWR42821
## Choosing Safer Activities

### Your Activity

<table>
<thead>
<tr>
<th>Unvaccinated People</th>
<th>Fully Vaccinated People</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Outdoor</strong></td>
<td></td>
</tr>
<tr>
<td>Walk, run, or bike outdoors with members of your household</td>
<td></td>
</tr>
<tr>
<td>Attend a small, outdoor gathering with fully vaccinated family and friends</td>
<td></td>
</tr>
<tr>
<td>Attend a small, outdoor gathering with fully vaccinated and unvaccinated people</td>
<td></td>
</tr>
<tr>
<td>Dine at an outdoor restaurant with friends from multiple households</td>
<td></td>
</tr>
<tr>
<td>Attend a crowded, outdoor event, like a live performance, parade, or sports event</td>
<td></td>
</tr>
<tr>
<td><strong>Indoor</strong></td>
<td></td>
</tr>
<tr>
<td>Visit a barber or hair salon</td>
<td></td>
</tr>
<tr>
<td>Go to an uncrowded, indoor shopping center or museum</td>
<td></td>
</tr>
<tr>
<td>Ride public transport with limited occupancy</td>
<td></td>
</tr>
<tr>
<td>Attend a small, indoor gathering of fully vaccinated and unvaccinated people from multiple households</td>
<td></td>
</tr>
<tr>
<td>Go to an indoor movie theater</td>
<td></td>
</tr>
<tr>
<td>Attend a full-capacity worship service</td>
<td></td>
</tr>
<tr>
<td>Sing in an indoor chorus</td>
<td></td>
</tr>
<tr>
<td>Eat at an indoor restaurant or bar</td>
<td></td>
</tr>
<tr>
<td>Participate in an indoor, high intensity exercise class</td>
<td></td>
</tr>
</tbody>
</table>

### Get a COVID-19 vaccine

- Safety levels assume the recommended prevention measures are followed, both by the individual and the venue (if applicable).
- CDC cannot provide the specific risk level for every activity in every community. It is important to consider your own personal situation and the risk to you, your family, and your community before venturing out.

**Prevention measures not needed**

- Take prevention measures
  - Fully vaccinated people: wear a mask
  - Unvaccinated people: wear a mask, stay 6 feet apart, and wash your hands
Extreme Risk

Summary of changes:

- No indoor dining – outdoor dining allowed
- Reduced retail capacity
- Reduced indoor fitness and recreation facility capacity
- Require remote work, if able
- Outdoor visitation at long-term care facilities only
Perks of being fully vaccinated

<table>
<thead>
<tr>
<th>NO QUARANTINE</th>
<th>if exposed to someone with COVID-19</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>after any travel, both domestic and international</td>
</tr>
<tr>
<td>NO TESTING</td>
<td>if exposed to someone with COVID-19 and are asymptomatic</td>
</tr>
<tr>
<td></td>
<td>before leaving the United States for international travel (unless required by the destination)</td>
</tr>
<tr>
<td>REFRAIN FROM WEARING A MASK</td>
<td>while visiting indoors with other fully vaccinated people or with unvaccinated people from a single household who are at low risk for severe COVID-19</td>
</tr>
<tr>
<td></td>
<td>while participating in outdoor activities and recreation, except in certain crowded settings and venues</td>
</tr>
<tr>
<td></td>
<td>PFIZER</td>
</tr>
<tr>
<td>------------</td>
<td>---------------------------------------------</td>
</tr>
<tr>
<td><strong>Type</strong></td>
<td>Messenger RNA</td>
</tr>
<tr>
<td><strong>Dosage</strong></td>
<td>2 shots 21 days apart</td>
</tr>
<tr>
<td><strong>Age</strong></td>
<td>For those age 16 years and older</td>
</tr>
<tr>
<td><strong>Effectiveness</strong></td>
<td>95% effective against COVID-19 infection after both shots</td>
</tr>
<tr>
<td><strong>Effectiveness</strong></td>
<td>100% effective against death from COVID-19</td>
</tr>
</tbody>
</table>

Information from the CDC and FDA | As of March 25, 2021

Warning about J&J (reproductive)
Proportion of Population Vaccinated*

Data as of 5/2/2021

*Estimation based on eligible vaccine candidates only

Data Source: Oregon Health Authority, 05/02/2021
What We Know About Those on the Fence

Nearly Half More Confident Than They Were 3 Months Ago

Are you more likely to get a COVID-19 vaccine now than you were 3 months ago?

- Yes: 42%
- No: 49%
- Not Sure: 9%

Influential factors:
- Time
- Research
- Knowing vaccinated people
- Ease / convenience

Most concerned about unknown long-term effects
Moving down to high risk level

Effective Friday, May 7, Deschutes County will move from Extreme Risk Level to the High Risk Level. This means:

• Restaurants may have indoor dining at 25% occupancy (max 50) and up to 120 people outdoors
• Indoor fitness, recreation and entertainment may have 25% occupancy (max 50)
• Retail stores may have 50% occupancy
• Outdoor fitness, recreation and entertainment may have 15% occupancy
Get Vaccinated

Get back to doing the things you love,

With the people you love!

Dine out with friends

Have a birthday party

Go to the gym
Vaccines \equiv Vaccination
The Continuum of Vaccine Hesitancy

INCREASING CONFIDENCE IN VACCINE, VACCINATOR, AND HEALTH SYSTEM

May have questions, take “wait and see” approach, want more information

Demand

Refusal

Passive Acceptance

CDC

DEschUTES COUNTY
Determinants of Vaccine Hesitancy

- Complacency
- Confidence
- Convenience
Central Oregon Vaccine Confidence Coalition

Innovative, evidence-based and equity-informed strategies and interventions

Confidence
Complacency
Convenience

COVID Vaccine Uptake & Coverage
What’s We’ve Learned

Likelihood to get vaccinated has increased as more people have seen their friends and family members get vaccinated

December 2020

- Very Likely: 41%
- Somewhat Likely: 14%
- Somewhat Unlikely: 31%
- Very Unlikely: 8%
- Not Sure: 4%

March 2021

- Very Likely: 49%
- Somewhat Likely: 11%
- Somewhat Unlikely: 5%
- Very Unlikely: 31%
- Not Sure: 4%

Messages about trust, family, and freedom most impactful

Health care providers most trusted messengers
What We Know About Vaccination Access

94% Comfortable getting vaccinated in a healthcare setting

Scheduling an appointment online somewhat of a barrier

Weekday & daytime appointments preferred
What We Know About Young Adults

Three in five 18-29 year olds are likely to get vaccinated

<table>
<thead>
<tr>
<th>March 2021</th>
<th>December 2020</th>
</tr>
</thead>
<tbody>
<tr>
<td>47%</td>
<td>43%</td>
</tr>
<tr>
<td>14%</td>
<td>6%</td>
</tr>
<tr>
<td>7%</td>
<td>6%</td>
</tr>
<tr>
<td>29%</td>
<td>34%</td>
</tr>
<tr>
<td>3%</td>
<td>10%</td>
</tr>
</tbody>
</table>

Weekday & evening scheduling

Comfortable with pharmacy vaccination

Many have had COVID-19

Long-term concerns
What We Know About Hispanic/Latino(x) Adults

Three in four Latino(x) respondents likely to get vaccinated

- December 2020:
  - Very Likely: 47%
  - Somewhat Likely: 13%
  - Somewhat Unlikely: 6%
  - Very Unlikely: 23%
  - Not Sure: 10%

- March 2021:
  - Very Likely: 55%
  - Somewhat Likely: 23%
  - Somewhat Unlikely: 0%
  - Very Unlikely: 19%
  - Not Sure: 3%

48% More likely to get vaccinated than 3 months prior

Preference for mRNA vaccines

Weekdays & afternoons preferred
Actions to Address Vaccine Confidence

VACUNA COVID-19
CHARLA
Charlas en la comunidad especial
Kim Montee, MD
Monoc: Medical
Family Medicine
M.D., Board of Pediatrics and Community Medicine
American Board of Family Medicine

MARTES 26 DE ENERO
6-7 PM
伤A PAGINA DE Facebook
LIVE

Deschutes County
Actions to Address Vaccine Confidence

The most reliable and effective way to protect yourself and everyone else is getting vaccinated.

It’s the best way to stay safe.
appointments available. schedule your COVID-19 VACCINE
everyone 16 and older is eligible

www.centraloregoncovidvaccine.com
COVID-19 Variants of Concern by Age

Data source: OPERA
COVID-19 Variants of Concern

Data source: OPERA