What is the Deschutes County Stabilization Center?

We serve children and adults who are in need of short-term, mental health crisis assessment and stabilization, but do not require the medical capabilities of an acute care hospital or longer-term residential care.

We welcome individuals to walk in when they are experiencing a mental health crisis, or they can be referred by local law enforcement and other community partners.

Helpful Resources

Suicide Hotline
24/7 National Suicide Hotline
(800) 273-8255
Text: '273TALK' to 839863
8 a.m. - 11 p.m. daily

Drug and Alcohol Helpline
24/7 help line for individuals and family members seeking crisis intervention, treatment referral, and chemical-dependency information.
(800) 923-4357
Text: ‘RecoveryNow’ to 839863
8 a.m. - 11 p.m. daily
Services offered:

24-hour Crisis Phone Line
Available 24/7 to anyone who is experiencing a crisis or needs crisis support.

Walk-In Crisis Services
Provides immediate access to a Master’s level therapist for individuals experiencing a crisis. Open to people of all ages, regardless of ability to pay, in a safe and confidential environment. No appointment necessary. Brief stabilization.

Short-Term Respite Unit
A voluntary 5 recliner short-term respite unit for adults experiencing a mental health crisis. Provides a quiet and peaceful environment for individuals to stabilize and get connected to appropriate community resources.

Mobile Crisis Assessment Team (MCAT)
24/7, 365-day a year team that provides crisis intervention services out in the community. MCAT responds when called by various community partners, including Law Enforcement, to assess individuals in the community who are experiencing a mental health crisis.

Co-Responder Program
A Master’s level mental health clinician is embedded within Bend Police Department’s Community Response team. Clinician and officer respond together to mental health related calls for service. Peer Support services are available as well for follow-up and engagement.

Mental Health Court
Voluntary diversion program, in collaboration with the District Attorney’s office, with the goal of increasing access and engagement in treatment for persons with an eligible serious mental illness who have been charged with a crime.

Civil Commitment Investigations
A Certified Civil Commitment investigator investigates all individuals placed on a two physician involuntary hold and monitors all Civil Commitments within Deschutes County.

Case Management
Liaisons with the hospital and with Brooks Respite for discharge planning, establishes crisis appointments, helps clients with basic needs and community resources.

Peer Support
Peer Support Specialists are individuals with lived life experience with mental health and/or substance use disorders who are in recovery. They offer support and encouragement to individuals struggling with a mental health condition.

Forensic Diversion Program
A team of Peer Support Specialists and Case Managers dedicated to supporting individuals with a Serious and Persistent Mental Illness (SPMI) who are frequently having contact with law enforcement and the criminal justice system.

Eligibility for Services:

Crisis Walk-In
Anyone of any age, regardless of insurance, who is experiencing a mental health crisis is eligible for services at the Deschutes County Stabilization Center crisis walk-in services.

Voluntary short-term respite services
After a crisis assessment with a qualified mental health clinician, if it is determined additional time and stabilization is indicated, a determination will be made for respite admission based on:

1. Individual is WILLING to come voluntarily and willing to participate in the admission process.
2. Individual is in need of mental health services.
3. Individual is not aggressive or assaultive.
4. Individual is mobile, communicative, and not known to have a major infection or disease in a communicable stage.
5. Individual is not perceived to be medically compromised.