



SMOKE


READY

CHECKLIST



STAY INFORMED

Keep up-to-date with local air quality reports and weather forecasts.



MITIGATE EXPOSURE

Decide with your healthcare provider if using a “particulate respirator” or N95 respirator is right for you during outdoor activities.



OPTIMIZE INDOOR AIR QUALITY

Close windows and doors, use air purifiers (purchased or DIY), and avoid activities that generate indoor air pollution.



KEEP A SMOKE READINESS PLAN

Develop a specific plan for household members who are sensitive to smoke, such as individuals with respiratory issues or the elderly. This plan may include additional precautions, evacuation plans, and access to necessary medications or specialized equipment.



EMPHASIZE MENTAL HEALTH

Consider ideas to stay mentally strong during a smoke event, such as meditation, connecting with loved ones, or seeking support from mental health professionals if needed.

Are you
#SmokeReady?