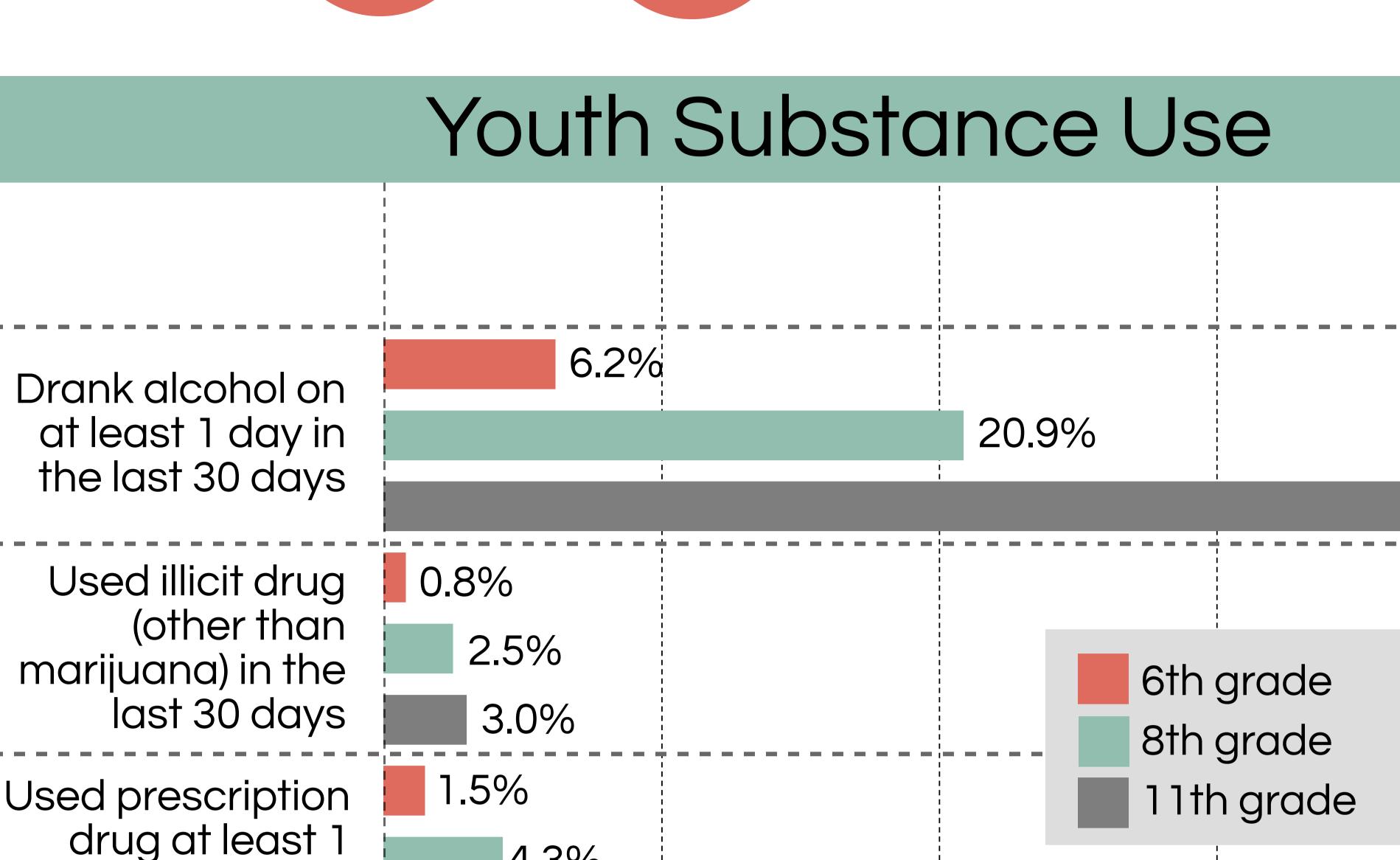
Substance use is associated with higher rates of all-cause mortality and chronic disease. Heavy substance use is also a risk factor for motor vehicle fatalities, fetal alcohol syndrome, interpersonal violence, overdose, and STIs. Research suggests that the earlier in life that a person begins to use substances, the more likely he or she is to develop serious problems with addiction. Substance Use Data Deschutes County and Central Oregon Deschutes County residents regularly smoke cigarettes Deschutes County residents Nearly 5 6 1 have a serious illness caused by tobacco Tobacco causes deaths in Deschutes approximately County each year Tobacco Use: Adults Percent of adults who smoke cigarettes Deschutes County: 16% Oregon: 19% Nearly one in three adult Central Oregon OHP members smoke Central Oregon OHP Members: 32.6% cigarettes. Cigarette smoking All OHP Members: 34% among adults in Deschutes County is lower than in Oregon as a whole. 35 Tobacco Use: Pregnant Women Percent of Pregnant women who smoked 2.5% Deschutes County: Private Insurance In Deschutes county, 7 3.9% Oregon: Private Insurance times as many pregnant women enrolled in OHP smoked compared to 17.7% Deschutes County: OHP those pregnant women with private insurance 19.1% Oregon: OHP Only 65% of pregnant Central Oregon women said their providers discussed how smoking could affect their baby. 1.4%: U.S. Healthy Smoking among People 2020 Goal pregnant women is lower in Deschutes county than in Oregon Tobacco Use: Youth Grade 8 Percent of Deschutes Co. 5% Cigarette Smoking youth who use tobacco Grade 8 8% Non-cigarette Tobacco use is higher Tobacco Use among 11th graders than 8th graders in Grade 11 11% Deschutes County. Cigarette Smoking Twice as many Grade 11 Deschutes County 22% Non-cigarette 11th graders are using Tobacco Use non-cigarette tobacco products compared to cigarettes. Alcohol Use Deschutes County adults reprted binge Adults drinking in the past month. 6th graders Children 8th graders and Adolescents 11th graders in Deschutes County reported drinking alcohol at least once in the past month. Motor vehicle crashes in Deschutes County had alcohol as a contributing factor. Motor vehicle crash fatalities in 3 were considered alcoholimpaired in Oregon. Youth Substance Use 6.2% Drank alcohol on at least 1 day in 20.9% the last 30 days 43.9% 0.8% Used illicit drug



4.3%

Deschutes County

Adults aged 26+

Oregon Adults

aged 26+

8.0%

8.2%

time in last 30 days 8.7% 1.5% Used marijuana at least 1 time in 10.7% last 30 days 27.1% 1.2% Smoked at least 1 day in the last 5.0% 30 days 11.2% The proportion of 0.5% Used other Deschutes county 11th graders who used tobacco 3.1% products during marijuana and drank the last 30 days alcohol was higher than 13.7% 11th graders across Oregon. 10 20 30 40 Substance Use Disorder Prevalence Deschutes County 7.5% Youth aged 12-17 Oregon Youth 7.5% aged 12-17 Deschutes County 19.0% Adults aged 18-25 Oregon Adults 20.2% aged 18-25

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