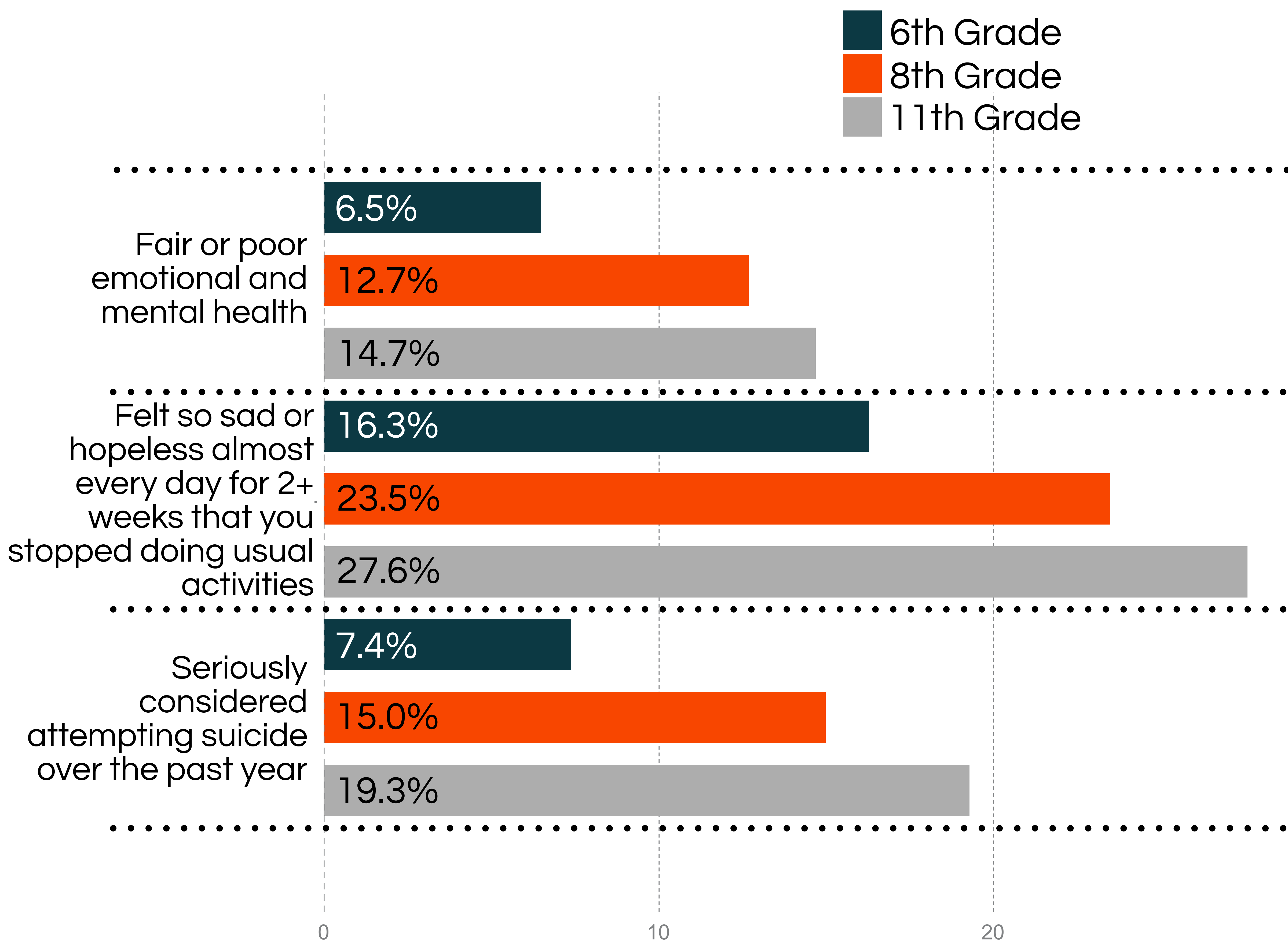


Mental health is important at every stage of life, from childhood and adolescence through adulthood. While good mental health is associated with positive health outcomes, mental illnesses are associated with poor health outcomes like chronic diseases and injuries.

# Behavioral and Mental Health

## Deschutes County & Central Oregon

### Deschutes County Youth

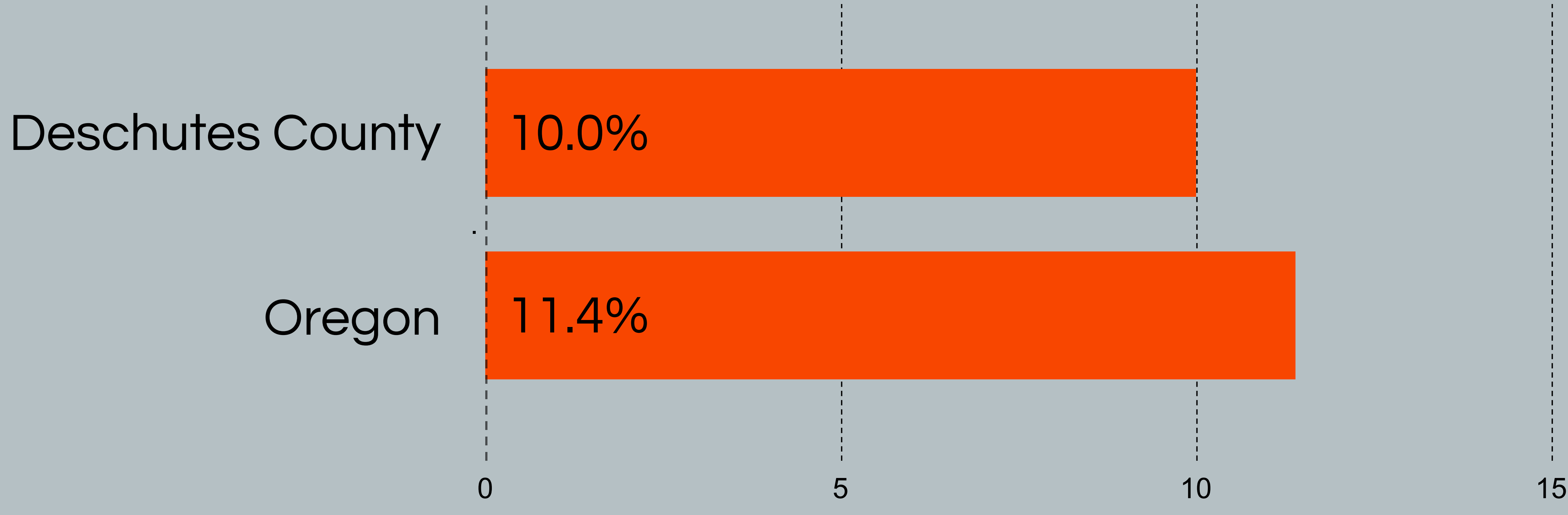


Nearly 1 in 5 11th graders in Deschutes County reported that they seriously considered attempting suicide over the past year.



The proportion of students reporting fair or poor emotional and mental health increased with grade level.

### Proportion of Children with a Serious Emotional Disorder



### Deschutes County Adults

**1 in 5**

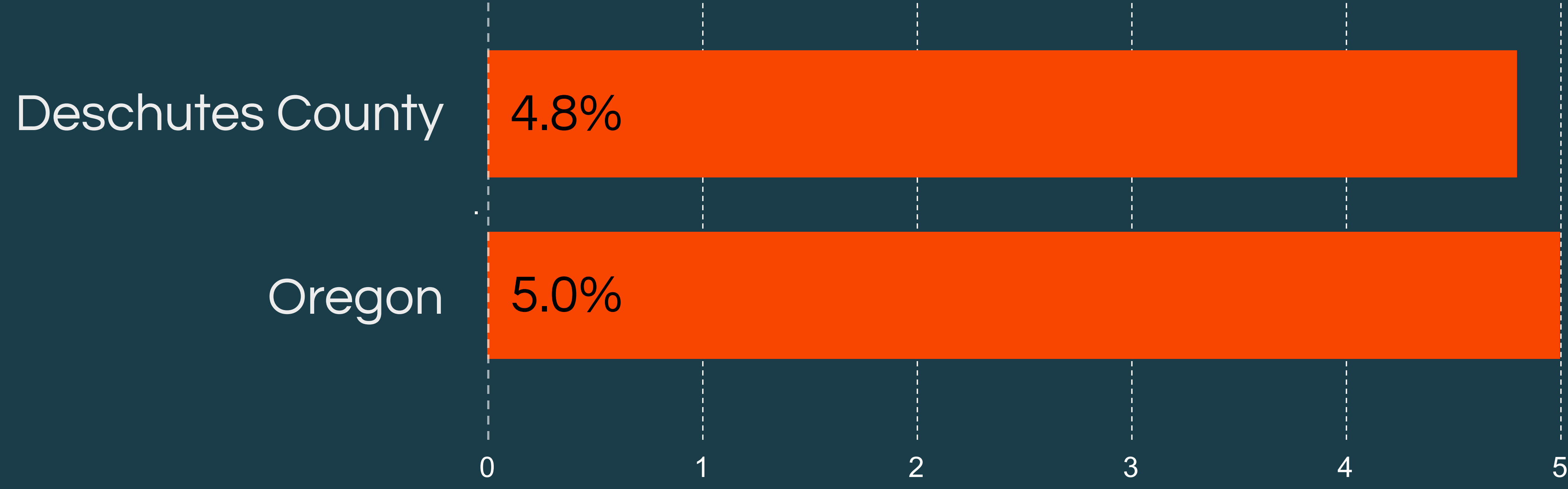
Adults in Deschutes County reported that they had depression

An estimated

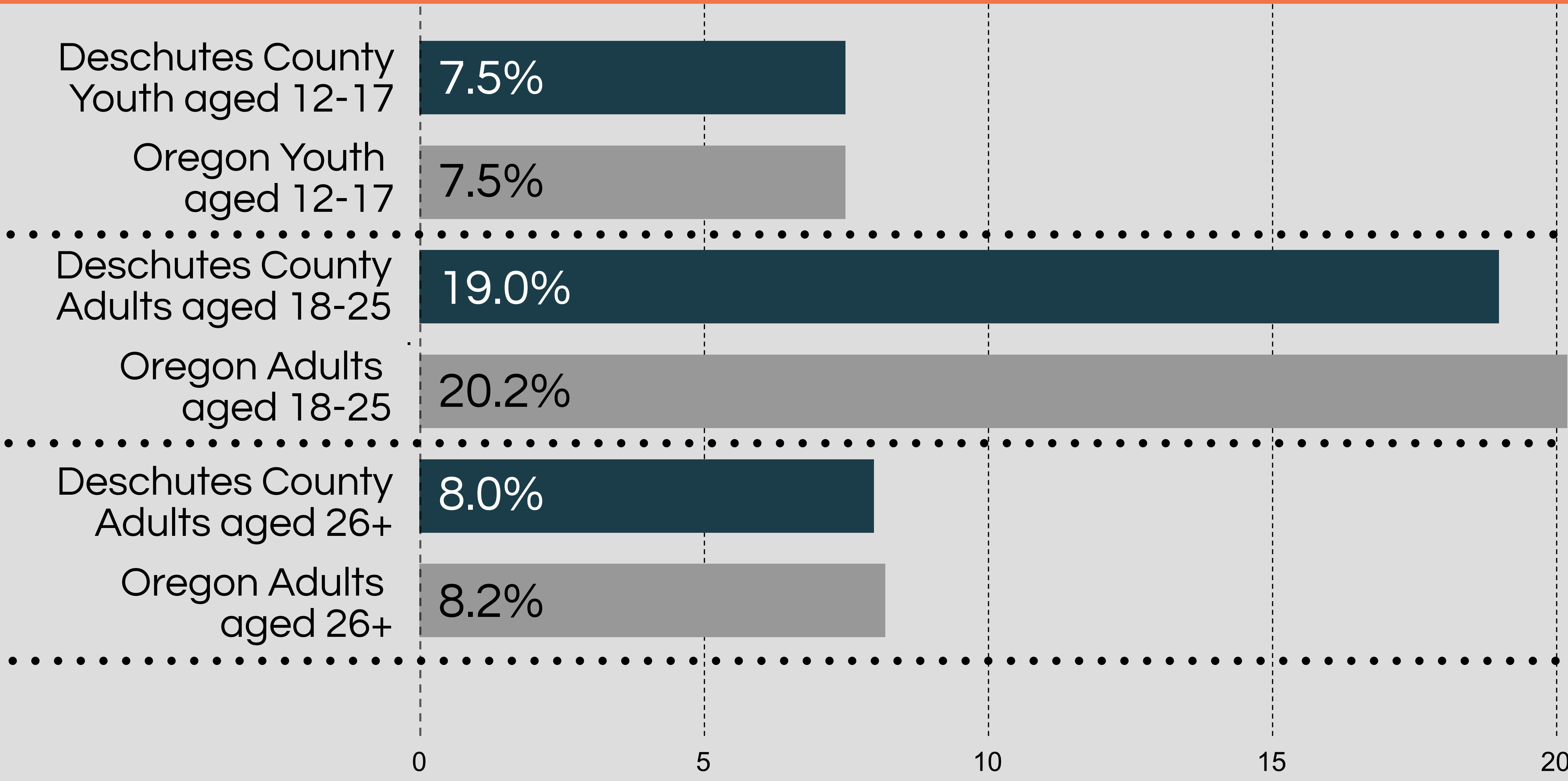
**7800**

Adults in Central Oregon have Severe Mental Illness

### Proportion of Adults with Severe Mental Illness



### Substance Use Disorder Prevalence



### Suicide

Over the past decade, there were an average of 38 suicides in Central Oregon per year. On average, 78% of these were among Deschutes County residents.



The majority (58%) of suicides in Central Oregon occur among those aged 30-59 years.



Those aged 15-24 in Central Oregon had a higher suicide rate than those aged 15-24 in Oregon as a whole.