

The health of a child begins with a healthy mother and a healthy pregnancy. Factors like not using tobacco, alcohol, or other drugs, maintaining a healthy weight, receiving prenatal care, maintaining good oral health, breastfeeding, and preventing injuries and adverse childhood experiences (ACEs) are key for starting an infant's life in a healthy manner.

# Pregnancy and Prenatal Care

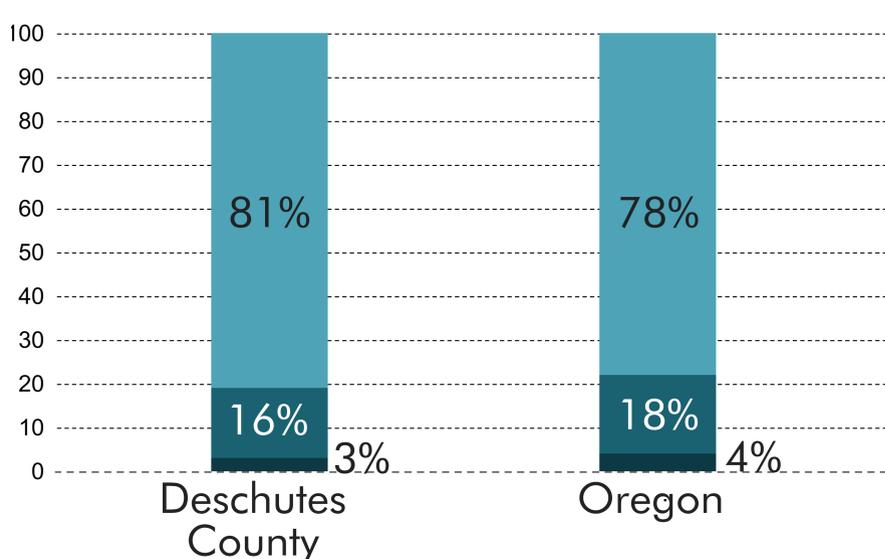
*Deschutes County and Central Oregon*



## Prenatal Care

Prenatal care started in:

- 1st trimester
- 2nd trimester
- 3rd trimester

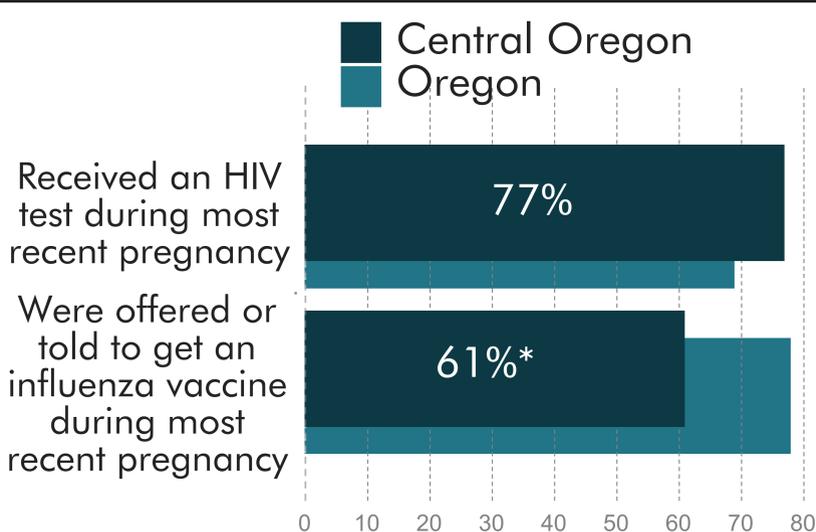


8 out of 10 pregnant women in Deschutes County began prenatal care in the first trimester.

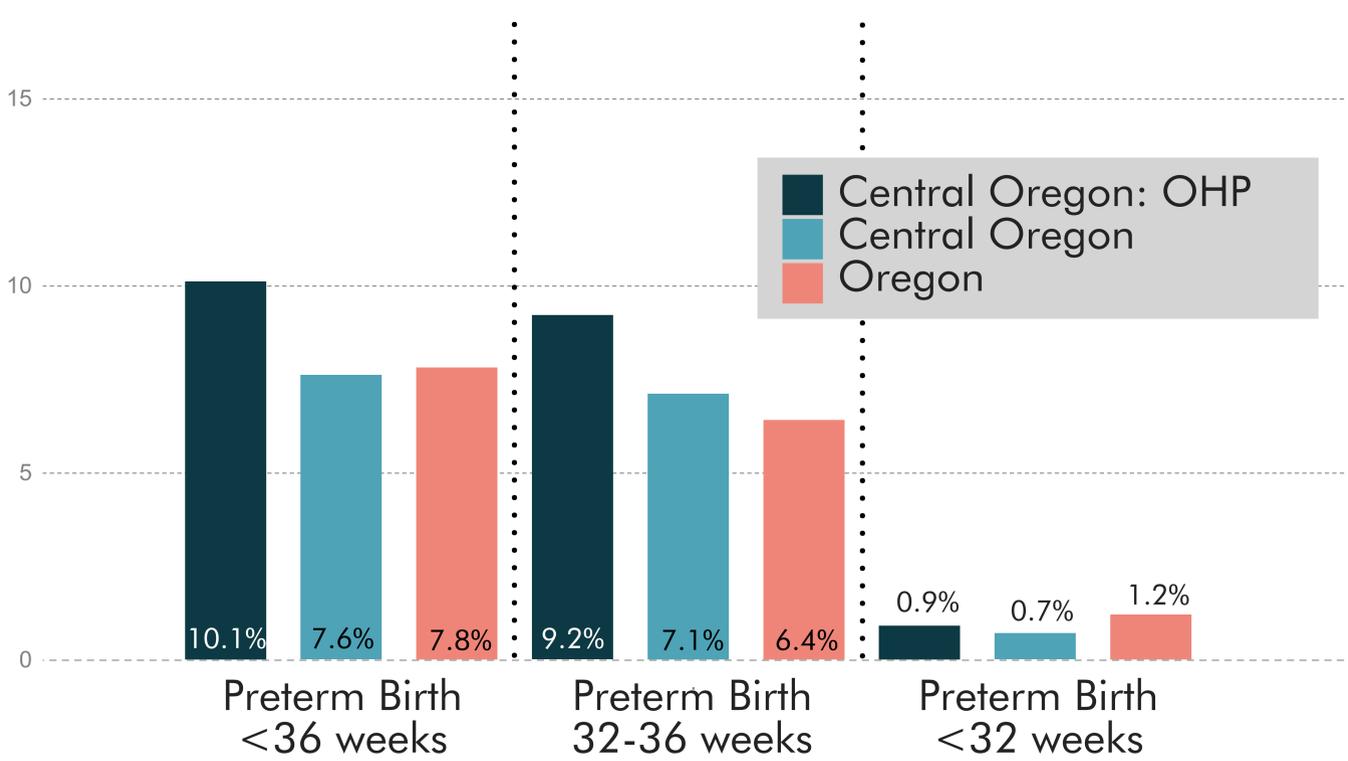
7 out of 10 pregnant women in Deschutes County received at least 80% of their expected prenatal visits.

3 out of 4 women in Central Oregon received an HIV test during their most recent pregnancy.

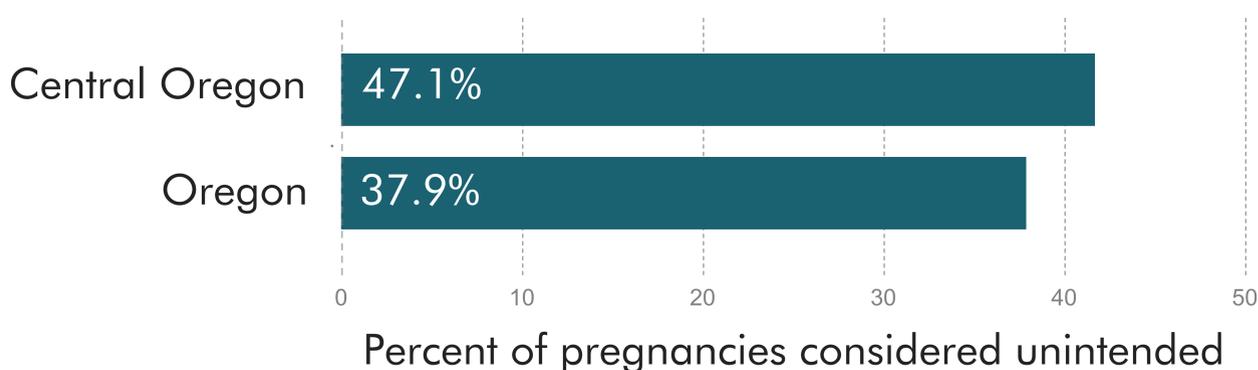
Only 61% were offered or told to get an influenza vaccine during their most recent pregnancy



## Pregnancy in Central Oregon



The prevalence of preterm birth is significantly higher among Central Oregon women enrolled in OHP than in Oregon overall.



Over 40% of pregnancies in Central Oregon were considered unintended. This is not significantly different from the percentage of unintended pregnancies in Oregon overall.