

# Request for Proposal

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Deschutes County Health Services  
Prevention | Research Facilitation

## **Purpose:**

Deschutes County Health Services (DCHS) is the regional license holder for and facilitator of Self-Management Programs (SMP's) created at the Stanford University Patient Education Center. Currently DCHS is licensed to facilitate three distinct Self-Management workshops; Chronic Disease, Chronic Pain, and Diabetes. The Chronic Disease and Diabetes curricula are also available in Spanish.

One of the strategies identified in the 2016-2020 DCHS Strategic Plan is to *'Monitor disease, health behaviors, disparities, social determinants, and other factors that affect health to assure programs and services meet documented needs.'* In light of that strategy, DCHS would like to offer SMP's in Spanish.

In order to use our resources efficiently to meet the community's needs, we need to accurately understand the needs of our Spanish-speaking population and Self-Management Programs using region specific research.

## **Scope of Work:**

### Target Audience

- Spanish speaking adults in Crook, Deschutes and Jefferson Counties
- Effort for equal samples of males and females

### Target Areas

- Interest in Self-Management Programs (Chronic Disease and Diabetes)
- Perceived need vs actual participation in Self-Management Programs
- Frequency and timing of Workshops (time of year, time of day, day of week, etc.)
- Location of workshops
- Need for incentives
- How to market and communicate upcoming workshops
- Barriers to participation in workshops
- Noticeable differences between males and females

### Final Product

Final Written Summary including methodology, analysis and recommendations

## **Timeline:**

10/20/17, 5:00pm	Submit Project Proposal <i>(to include proposed timeline to complete project, examples of prior work similar to this project's needs, and proposed budget)</i>
11/03/17, 12:00 pm	Notification to Contractors
11/06/17 – December 2017	Contract Execution <i>(could take up to 6 weeks)</i>
03/15/18	Completion of Project and Receipt of Final Written Summary

NOTE: All proposals submitted in response to this RFP shall become the property of Deschutes County and may be utilized in any manner and for any purpose by Deschutes County. ***Be advised that proposals and all documents submitted in response to this RFP are subject to public disclosure as required by applicable state and/or federal laws.*** If you intend to submit any information with your proposal which you believe is confidential, proprietary or otherwise protected from public disclosure (trade secret, etc.), you must separately bind and clearly identify all such material. The cover page of the separate binding must be red, and the header or footer for each page must provide as follows: "Not Subject to Public Disclosure." Where authorized by law, and at its sole discretion, Deschutes County will endeavor to resist disclosure of properly identified portions of the proposals.

Please submit final proposals to Crystal Sully

Contact Crystal Sully with any questions or clarifications for proposals

Crystal Sully

Project Coordinator-Living Well

541-322-7430

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