## **Behavioral Health**



## Early Assessment and Support Alliance (EASA)

This coordinated specialty care program is for youth and young adults, ages 12-27, who are at risk for psychosis or experiencing a first episode of psychosis.

The goal of EASA is to identify individuals with a new psychosis as soon as possible in order to minimize the negative impact on their lives.



The EASA program is a recovery-oriented treatment program that promotes shared decision-making and uses a team of specialists who work with the young person and their family to create a personal treatment plan. The specialists offer psychotherapy, medication management geared to individuals with first episode psychosis, family education and support, case management, and work or education support, depending on the individual's needs and preferences.

## **Program Criteria**

Young people ages 12-27 who:

- Are residents of Deschutes, Crook or Jefferson County
- Have an IO over 70
- Have symptoms that do not stem from drug use or medical conditions
- Have had a first episode of psychosis within the last 12 months or who are experiencing early at-risk symptoms for psychosis.

## Services Include

Assessment and screening, education and employment assistance, medication management and more.



Health Services: EASA (541) 213-6851 1340 NW Wall St., Bend, www.deschutes.org/iys

To request this information in an alternate format, please call (541) 213-6851 or send an email to accessibility@deschutes.org.