

**Step Therapy** is a program that makes prescription drugs more affordable and helps control the rising cost of medications for you and your plan.

Step Therapy requires individuals to try two lower cost medications first before moving to a higher cost brand name drug. Your out-of-pocket cost (copay or coinsurance) is lowest with a Step 1 or Step 2 product. Step 3 brand name drugs have the highest copay (Tier 3 or “non-formulary”). The following categories are included in this program. (If you are using a STEP 3 drug for a condition not listed, documentation from your physician is required for approval.)

### **ATTENTION DEFICIT HYPERACTIVITY DISORDER**

<b>STEP 1 and 2 - GENERIC DRUGS</b>	<b>STEP 3 - BRAND NAME DRUGS</b>
amphetamine/salt combo (ADDERALL)	DAYTRANA
amphetamine/dextroam salt combo (ADDERALL XR)	FOCALIN XR
dexmethylphenidate (FOCALCIN)	METADATE CD
dextroamphetamine (DEXEDRINE, DEXTROSTAT)	METHYLIN
methamphetamine (DESOXYN)	PROCENTRA
methylphenidate (CONCERTA, METADATE, RITALIN)	RITALIN LA
	VYVANSE

### **DEPRESSION**

<b>STEP 1 and 2 - GENERIC DRUGS</b>	<b>STEP 3 - BRAND NAME DRUGS</b>
bupropion SR (WELLBUTRIN)	CYMBALTA
bupropion (WELLBUTRIN)	PEXEVA
citalopram (CELEXA)	PRISTIQ
fluoxetine (PROZAC)	
fluvoxamine (LUVOX)	
Paroxetine (PAXIL)	
Sertraline (ZOLOFT)	
Venlafaxine (EFFEXOR)	

### **HIGH CHOLESTEROL**

<b>STEP 1 and 2 - GENERIC DRUGS</b>	<b>STEP 3 - BRAND NAME DRUGS</b>
atorvastatin (LIPITOR)	ALTOPREV
fenofibrate (TRICOR)	CRESTOR
fluvastatin (LESCOL)	LIPTRUZET
gemfibrozil (LOPID)	LIVALO
lovastatin (MEVACOR)	NIASPAN
pravastatin (PRAVACHOL)	ZETIA
simvastatin (ZOCOR)	

### **INSOMNIA**

<b>STEP 1 and 2 - GENERIC DRUGS</b>	<b>STEP 3 - BRAND NAME DRUGS</b>
zaleplon (SONATA)	LUNESTA
zolpidem (AMBIEN)	ROZEREM

### **PROTON PUMP INHIBITORS (gastric acid reduction)**

<b>STEP 1 and 2 - GENERIC DRUGS</b>	<b>STEP 3 - BRAND NAME DRUGS</b>
cimetidine (TAGAMET)	ACIPHEX
famotidine (PEPCID)	AXID
lansoprazole (PREVACID)	DEXILANT
omeprazole (PRILOSEC)	NEXIUM
pantoprazole (PROTONIX)	
ranitidine (ZANTAC)	