



Even when it's  
**just a headache,**  
we're here to help.



## From headaches to migraines, we've got you covered.

From preventive treatment to personalized care, our Premise Health providers are ready to listen to what you need. They'll treat and manage pain, tension, increased sensitivity to light and sound and other symptoms.

When you're in the thick of a migraine or bad headache, leaving the house isn't always an option. For those times, you've got virtual care through My Premise Health. You can securely message your provider, manage prescriptions, check on lab results and so much more. It's also easy to schedule a virtual visit with your provider so you can connect with them from the comfort of home.



**Schedule a visit.**

My Premise Health app | [mypremisehealth.com](https://mypremisehealth.com)

### **The Doc**

1340 NW Wall Street, Bend , OR 97703  
Monday, Wednesday, Friday, 7 a.m. - 5 p.m.  
Tuesday, Thursday, 7 a.m. - 6 p.m.  
1st and 3rd Saturday each month, 8 a.m. - 1 p.m.  
(541) 317-3189

