

# DESCHUTES COUNTY CHILDREN & FAMILIES COMMISSION

## 2011 ANNUAL REPORT

### INVESTMENTS AND OUTCOMES

*Our charge is to get results, improve quality and efficiencies, and develop resources to ensure children and families are protected, healthy and successful.*

#### Focus areas:

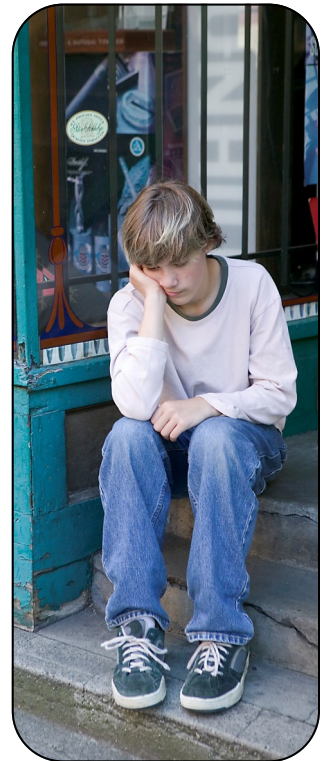
- ◆ Preventing Child Abuse and Neglect (ages 0-18)
- ◆ Strengthening Families and Ensuring Young Children are Successful (ages 0-8)
- ◆ Successful Youth and Reducing Teen Risk Factors (ages 9-17)



#### Protecting Children: Preventing Child Abuse and Neglect

**Getting Results: Invest in programs, practices and initiatives proven to work** – Examples

- ◆ 98.6% of the 730 very high risk children and parents receiving services from MtStar Family Relief Nursery remained free from confirmed child abuse and neglect (protecting children and safely reducing the number of children in foster care)
- ◆ 100% of children and youth enrolled in Family Find project increased connections with relatives and other significant people in their lives (safely reducing number of children in foster care and reducing homelessness)
- ◆ 92% of the 122 high-risk families served by Healthy Families program demonstrated improved parent-child interactions (reducing child abuse and neglect)
- ◆ Healthy Start Families child abuse rates are half the rate of the rest of Oregon
- ◆ 100% of contracted programs are in compliance with criminal background check and child abuse reporting policies (preventing child abuse and neglect)
- ◆ Advocated for and achieved a local policy and procedure change to require parole and probation to supervise convicted domestic violence offenders who use strangulation



**Research links early childhood experiences of abuse or neglect with an increased risk of developmental delays, mental health issues, and adult criminality.**

#### Service integration to improve quality, efficiencies and effectiveness – Examples

- ◆ Family Find: Safely reducing the number of children in foster care – 30 professionals from a variety of public and non-profit agencies attended Family-Find Mobility Training to learn an evidence-based youth-driven process for identifying and addressing unmet needs of children and youth. 100% of participants now using the tool in their practice
- ◆ Community Defined Solutions to Reduce Violence Against Women – Over 50 law enforcement and domestic violence advocates attended Lethality Assessment Program (LAP) training, to learn how to screen for victims at high-risk of lethality. Since implementation in mid-March, on average, two victims per day are identified as high risk and connected with an advocate to create a safety plan

## Strengthening families and ensuring young children are healthy and successful

### **Getting Results: Invest in programs, practices and initiatives proven to work – Examples**

- ◆ Percent of MA Lynch students reading at grade level improved from 68% to 93% and at grade level for math from 63% to 87% since 2007 (approx. 460 students participating in MA Lynch Community School Initiative)
- ◆ 96% of 142 parents who participated in Family Resource Center evidence-based parenting classes, reported improvements in family management skills, problem solving and improved stress coping skills
- ◆ Families who read to their children several times a week increased from 19% at intake to 65% after 12 months participating in MtStar Family Relief Nursery (730 children and parents served last year)
- ◆ Of the 122 families served by Healthy Families 91% of the parents reported reading to their children at least 3 times per week (National Ave. is 68%) and 90% of the children were up-to-date on immunizations (significantly higher than local and state averages)
- ◆ First Step to Success has served over 325 children since its inception over 15 years ago, 282 have been tracked with only 16 having become delinquent (JJIS)



### **Service integration to improve quality, efficiencies and effectiveness – Examples**

- ◆ Regional Oregon Parenting Education Collaborative (“HUB”)  
Helped Family Resource Center to receive \$250,000 multi-year OCF grant to expand access to evidence-based parenting education and professional training in underserved areas and to strengthen coordination among agencies and programs for parents and young children in Crook, Deschutes and Jefferson Counties (*outcomes*: stronger family relationships, reduced child abuse rates, increased child readiness for school, and increased capacity).
- ◆ Faith-Based Initiative  
In collaboration with the Partnership to End Poverty, established a partnership of 30 faith-based organizations to coordinate available basic need resources, to identify gaps and duplication in services (*outcomes*: reduced duplication of efforts and sharing of resources i.e. one church received surplus food from another source to feed an additional 50 hungry families. Also will result in a comprehensive resource directory of basic need services provided by the faith community and information is being added to enhance Central Oregon 2-1-1 Resource Directory)  
Helped leverage classroom space to expand Head Start in Redmond  
Collaborative effort with Redmond School District, NeighborImpact, and County Health Services to leverage space and funds to expand Head Start services in Redmond. New modular purchased by RSD for \$65,000 and \$30,000 leveraged from public and private community partners for furniture/supplies, remodeling, and new play ground

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## Improving efficiencies and effectiveness through performance-based contracting

To ensure accountability for investments, CFC requires all funded programs and projects to have work plans with measurable performance outcome goals and monitors progress toward those outcomes on a quarterly basis. In order to be eligible for future CFC funding, at least 85% of the performance outcomes must be met by the end of the contract year. Last year, CFC provided financial support and technical assistance for over 22 non-profits and 14 projects and initiatives:

- ◆ 100% of the programs funded utilized evidence-based programs and/or practices
- ◆ 91% of funded programs and projects met or exceeded all of their performance outcomes



## Successful Youth and Reducing Teen Risk Factors

### **Getting Results: Invest in programs, practices and initiatives proven to work – Examples**

- ◆ 98% (225) of runaway and homeless youth reconnected with family and/or with an identified stable and safe living situation in which to transition before leaving shelter
- ◆ 85% (200) of runaway and homeless youth served re-engaged in school and demonstrated academic progress
- ◆ 79% of youth participating in Redmond Community Schools after-school program improved classroom performance and demonstrated a 5% overall improvement in school attendance (238 students on average participate per term)
- ◆ With CFC staff expertise in community anti-drug coalition proven practices, all three Deschutes County anti-drug coalitions have focused their work to be highly strategic and grounded in evidence-based strategies. Outcome, 2/3 of the community anti-drug coalitions engaging youth in active, youth-led substance abuse prevention activities in their school and communities (a proven practice to reduce substance abuse)
- ◆ Community Schools Initiative has increased resources and capacity for after-school enrichment activities, improved access to basic needs and social services, increased support for children and families, and improved academic performance in reading and math

### **Service integration to improve quality, efficiencies and effectiveness – Examples**

#### ◆ Community Schools (CSI) Initiatives

A collaborative partnership among a broad range of private and public agencies, including school and park and recreation districts to provide after-school enrichment activities and needed services for youth and families as well as adult education. Goal is to improve academic performance, reduce chronic absenteeism, reduce risk factors

- ◇ **Redmond:** In the first year, leveraged more than \$708,411 for project from public and private sources. MA Lynch Elementary school was recognized by ODE as “Champion School” and one of the top 10 most improved schools
- ◇ **Sisters:** Over \$1M in cash and in-kind leveraged first year. Worked with community and county health services to leverage behavioral health services for OHP and non-OHP children in Sisters (no services prior to initiative)
- ◇ **LaPine:** Over \$20,000 in-kind volunteer time and \$565,000 in cash has been leveraged for after-school enrichment activities and creation of Teen/Community Center

#### ◆ Reducing Adolescent Substance Abuse and High Risk Behaviors

- ◇ Provided training on evidence-based curriculum to reduce alcohol and risk taking behavior at middle and high schools in four communities and in all three school districts
- ◇ Coordinated and sponsored training for 3 youth service providers (30 attendees) on use of Juvenile Risk Assessment tool to ensure appropriate diagnosis and intervention. These agencies now using tool to assess level of risk
- ◇ Wrote grant, facilitated and sponsored training for Friendly Peersuasion, an evidence-based substance abuse prevention program for Redmond School District (110 MS girls and 50 elementary mentees participated first year)
- ◇ Convened quarterly anti-drug coalition workshops, resulting in 11 collaborative initiatives resulting in decreased access to substances, increased referrals for youth and parents and resources for media campaigns
- ◇ In Deschutes County, youth data collection has been inconsistent in terms of sample size and school participation due to many factors. This has resulted in data that less accurately reflects changes in youth behavior. Through collaborative efforts and financial support for schools, CFC significantly increased participation the past 3 years

#### ◆ Runaway and Homeless Youth

Increased resources and expanded capacity to provide safe shelter, health and dental care, alcohol and drug assessments and treatment, re-engagement in school and family reunification

#### ◆ Youth Suicide and Bullying Prevention and Intervention

- ◇ Coordinated and supported evidence-based youth suicide prevention and intervention training for 875 people (730 youth, 189 adults) county-wide and at Redmond, Sisters, La Pine and MtView High Schools
- ◇ Alignment of youth suicide prevention and response policies in three school districts
- ◇ Collaborated with schools and agency partners to gather data on bullying and cyber-bullying in local schools. Information to be used to understand and address the issue

## **Increasing Resources to Address Community Needs (2009-11 Biennium)**

### **Over \$1.2 million cash resources brought into county by CFC to address community needs**

- ◆ **\$349,891** Safe Havens Grant. To support 4,500 court ordered visits and exchanges between custodial, non-custodial parents with history of domestic violence, sexual assault, stalking and/or child abuse
- ◆ **\$300,098** Community Defined Solutions for Violence Against Women grant. To improve service integration, effectiveness and consistency among law enforcement, parole and probation, Saving Grace and other providers
- ◆ **\$200,000** Drug Free Communities grant to engage the community in efforts to reduce youth substance abuse in Redmond, Sisters and South County
- ◆ **\$185,000** private funds for Community School afterschool programs to improve academic outcomes
- ◆ **\$150,000** Oregon Community Foundation Grant to implement Community Schools Initiative in Sisters (funds awarded directly to Sisters School District)
- ◆ **\$96,245** Homeless and Runaway Youth (supplementing allocated local flex funds)
- ◆ **\$42,000** youth gambling prevention grant to reduce youth risk behaviors
- ◆ **\$31,200** from Casey Family Programs to continue implementation of “Family Find”, a collaboration with DHS and CASA to Safely Reduce number of children in Foster Care
- ◆ **\$29,000** for Youth Suicide prevention to improve school and community prevention and intervention efforts
- ◆ **\$20,000** private funds for the Keep Kids Safe License Plate initiative (if bill is passed)

### **CFC also provided technical assistance and grant writing support for over \$1M in cash resources for community partners to address needs and gaps in the community including:**

- ◆ **\$651,054**/year for five years: Linking Actions for Unmet Needs in Children’s Healthcare (0-8 years of age)
- ◆ **\$238,000** Federal Appropriation for the Family Access Network to help families meet basic needs
- ◆ **\$150,000** Oregon Community Foundations Grant to expand Redmond School District Community Schools
- ◆ **\$250,000** Oregon Community Foundation Parent Education (“HUB”) grant to expand access to evidence-based parenting classes in underserved areas and to strengthen coordination of services among agencies in tri-county area

*Through investments and collaborative efforts, CFC also leveraged nearly \$1.5M additional in-kind resources including over 31,569 volunteer hours (valued at \$658,215) for community prevention efforts*

## **Expanding resources through catalytic partnerships and legacy of sustainable solutions**

### **Helped to create and establish community safety net programs for children & families including:**

- ◆ **Family Access Network (FAN)** - FAN advocates are located in all K-12 local public schools and two early childhood centers and they help families acquire basic needs and connect children and families to vital support services such as Oregon Health Plan, housing, transportation, heating, clothing, food, and more
- ◆ **Family Resource Center (FRC)** - Created to provide evidence-based parent skills training to parents of children 0-17 years of age to improve school readiness, reduce child abuse and neglect, reduce juvenile crime and adolescent drug and alcohol use
- ◆ **Healthy Families of the High Desert** - Home visitation parent support program for first time at-risk parents
- ◆ **Mary’s Place** - Established to provide supervised visitation and safe exchanges of children between custodial and non-custodial parents with history of domestic violence, sexual assault, stalking and/or child abuse
- ◆ **MtStar Family Relief Nursery** - A safety net program that provides crisis intervention, respite care, therapeutic classes, parent education, and mental health services for high risk families

 **Our Vision: Healthy children, strong families, supportive communities** 